Benefits Schedule

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MyHEALTH BENEFITS SCHEDULE

The benefits schedule provides a summary of the cover provided per *period of insurance* unless stated otherwise. Terms in italics refer to defined terms. The meaning of these defined terms can be found in the definitions section of the policy terms and conditions. All limits and monetary amounts shall in all instances be in US\$. All the claims must be *reasonable and customary*. TeleHEALTH services are included. Services rendered in the USA must be within our preferred network except for *emergencies*. Otherwise, 40% co-insurance will be applied.

ANNUAL LIMIT	ESSENTIAL	EXTENSIVE	ELITE
The overall limit per person per period of insurance	\$1,500,000	\$2,500,000	\$4,500,000
AREA OF COVER			
Area of Cover Options		Worldwide Worldwide Excluding USA	
Out of Area Cover	Services rendered outside of the area of cover are covered up to \$100,000 per period of insurance only if they are directly caused by sudden illness or injury occurring during the first 30 travel days of any trip outside the area of cover. Sudden illness or injury does not include any disability of which symptoms existed prior to the start of the trip, and which would have caused a reasonable person to seek medical care. This benefit does not apply for any trip commenced or continued against the orders or advice of any physician or other medical practitioner; or undertaken in whole or in part for the purpose of obtaining medical care.		

HOSPITAL AND SURGERY PLANS One of these plans must be selected to form the basis of your cover			
NETWORK OPTIONS	ESSENTIAL	EXTENSIVE	ELITE
HOSPITAL NETWORK The <i>hospitals</i> where <i>you</i> may receive treatment as per the benefits listed in <i>your</i> Hospital and Surgery Plan	Standard: Free choice of provider Optional: For treatment in Singapore and Hong Kong, Specified Inpatient Providers only*		
*The Specified Inpatient Providers list is available at: <u>http://healthbyapril.c</u>	<u>com/specified-hospitals</u> .		
HOSPITAL BENEFITS Pre-authorisation is required for the following services.			
	Double Occupancy Room / Single Occupancy Room		
Hospital room and board	Double Occupancy Room option is only available to Hong Kong resident		
Intensive Care Unit	Fully Covered		
Parental accommodation	Fully Covered		
Theatre fees	Fully Covered		
Blood, dressings, medicines and drugs	Fully Covered		
Surgical implants	Fully Covered		
Diagnostic scans and tests, including invasive endoscopic examinations	Fully Covered		
Rental of <i>mobility aids</i>	Fully Covered		
Orthopaedic braces, supports and air boots	Fully Covered		
Professional fees	Fully Covered		
Hospital treatment of mental and nervous conditions			Fully covered up to 60 days

HOSPITAL AND SURGERY PLANS - CONTINUED	ESSENTIAL	EXTENSIVE	ELITE
PRE-HOSPITALISATION BENEFITS			
Pre-hospitalisation benefits before admission for a covered confinement	No Cover	Fully covered up to 30 days before a covered <i>confinement</i>	Fully covered up to 180 days before a covered <i>confinement</i>
POST-HOSPITALISATION BENEFITS			
Post-hospitalisation benefits following a covered confinement	No Cover	Fully covered up to 90 days after a covered <i>confinement</i>	Fully covered up to 180 days after a covered <i>confinement</i>
ADULT PREVENTIVE SCREENING			
 Adult preventive screening as follows: (We cover the screenings only. The associated consultation cost will not be covered.) Mammography for women aged 40 years and above Pap smear for women aged 19 and above Prostate screening for men aged 40 years and above For members who buy an Outpatient module, cover for this benefit will be provided as per the sum stated on the Outpatient module. 	Pc	\$250 anel Network Providers O	nly
ORGAN TRANSPLANTATION			
Organ transplantation		enefits, Pre-hospitalisatic pitalisation Benefits secti	
Direct <i>expenses</i> of <i>surgery</i> to remove an organ for transplant from a donor		\$50,000	
PRIVATE NURSING, HOME NURSING			
Private nursing in <i>hospital</i> when certified necessary by attending physician	No Cover	Fully Covered	Fully Covered
Home nursing prescribed by attending physician	No Cover	\$135 per day up to 30 days	\$225 per day up to 90 days
HOSPITAL CASH BENEFIT			
Where you are hospitalised for a covered <i>confinement</i> at no cost to us	\$100 per night	\$200 per night	\$400 per night
Where you are hospitalised in a ward for a covered confinement in a private or public <i>hospital</i>	up to a maximum of 45 nights	up to a maximum of 45 nights	up to a maximum of 45 nights
REHABILITATION TREATMENT <i>Pre-authorisation</i> is required for this benefit			
Rehabilitation treatment received while an inpatient at a rehabilitation			
centre Admission to the <i>rehabilitation centre</i> must take place within 2 weeks after discharge from hospital for a covered <i>confinement</i> .	Up to 60 days	Up to 80 days	Up to 185 days
EXTERNAL PROSTHESIS			
<i>External prosthesis</i> and any services associated with selection, fitting or repair	\$1,000	\$2,000	\$4,000
SURGERY OR INVASIVE ENDOSCOPIC EXAMINATION PERFORMED	WHILE A DAY-PATIENT	IN A CLINIC OR IN A PH	YSICIAN'S OFFICE
Professional fees, diagnostic scans and tests, medicines and drugs including five post-surgical follow ups. Also covers the following on the day of, and directly related to the surgery or invasive endoscopic examination: hospital room and board, theatre fees, dressings, medicines and drugs, pathology fees, and surgical implants. This benefit does not cover the following unless Outpatient Benefits are purchased: laryngoscopy, nasopharyngoscopy, otoscopy; any surgery on the skin and subcutaneous tissue for <i>illness</i> other than surgery following a confirmed diagnosis of cancer.		Fully covered	

HOSPITAL AND SURGERY PLANS - CONTINUED	ESSENTIAL	EXTENSIVE	ELITE
CANCER TREATMENT The following services, when directly related to cancer, shall be covered following a confirmed diagnosis of cancer.			
Hospital treatment of cancer	Hospital Benefits section applies		
Specialist consultations, <i>diagnostic scans and tests, medicines and drugs</i> , chemotherapy, radiotherapy and target therapy related to <i>active cancer treatment</i>		Fully covered	
KIDNEY DIALYSIS			
Kidney dialysis received while admitted to hospital or out of hospital	\$50,000	Fully C	overed
HIV/AIDS			
All-inclusive lifetime limit for services rendered in connection with HIV/AIDS including antiretroviral treatment, treatment of primary HIV, testing and monitoring, or treatment of AIDS HIV/AIDS waiting period of 3 years applies (please refer to the Terms and Conditions)	\$50,000 lifetime benefit	\$100,000 lifetime benefit	Fully Covered
EMERGENCY ROOM TREATMENT			
EMERGENCY ROOM TREATMENT Treatment as a result of an <i>injury</i> within 48 hours of an <i>accident</i> ; or acute exacerbation of a disability which requires urgent medical or surgical intervention to avoid permanent damage to <i>your</i> life or health		Fully Covered	
WALK-IN EMERGENCY ROOM TREATMENT Walk- in Emergency Room Treatment which does not lead to confinement or is not related to an accident	\$250	\$300	\$600
EMERGENCY DENTAL TREATMENT			
Emergency <i>dental treatment</i> to repair damage to sound natural teeth within 14 days of <i>accident</i>		Fully Covered	
LOCAL TRANSPORT BY AMBULANCE			
Transport by ambulance to and from <i>hospital</i> prescribed by an attending <i>physician</i>		Fully Covered	
HOSPICE OR PALLIATIVE TREATMENT			
Hospice or palliative treatment	\$25,000 lifetime benefit	\$50,000 lifetime benefit	\$100,000 lifetime benefit
SPECIAL LIMITS APPLYING TO CERTAIN DISABILITIES AND TREATME	NTS		
Subject to the benefits and sub-limits stated elsewhere in this <i>benefits</i> sch the following <i>disabilities</i> and treatments is as stated below.	edule, the maximum we w	ill pay for losses directly o	r indirectly arising from
Chronic Conditions		Fully Covered	
Complications of pregnancy	No Cover Fully Covered		overed
Congenital and hereditary conditions	No Cover	\$100,000 lifetime benefit	\$200,000 lifetime benefit
Neonatal disabilities lifetime per person Applicable only to Newborn Additions (please refer to the Terms and Conditions)	No Cover	\$100,000 lifetime benefit	\$200,000 lifetime benefit
Stem Cell Treatment, including harvesting immediately prior to a treatment	No Cover	\$75,000 lifetime benefit	\$150,000 lifetime benefit
ANNUAL DEDUCTIBLE			
Only applies to the <i>Hospital</i> and <i>Surgery</i> Plan		Nil \$1,500 \$3,000 \$5,000 \$10,000	

OUTPATIENT PLANS The following Outpatient modules are optional and can be combined with any <i>Hospital and Surgery</i> Module			
ANNUAL LIMIT FOR OUTPATIENT BENEFITS	ESSENTIAL	EXTENSIVE	ELITE
Annual cumulative limit for all benefits shown in the Outpatient Benefits section	Option 1: Upon overall limit with 20% co-insurance percentage Option 2: \$7,000 with nil co-insurance percentage	Up to overall limit per p	period of insurance
CO-INSURANCE PERCENTAGE			
Outpatient co-insurance percentage	Option 1: 20% Option 2: Nil	Choice of nil or 20%	
	20% co-insurance will be waived at <i>Panel Network</i> providers (through direct billing services and upon e-card presentation). Co-insurance does not apply to complementary medicine and traditional Chinese medicine, screening, medical checkup, vaccinations and routine outpatient maternity		
Direct Billing	Direct Billing available at <i>Panel Network</i> providers only	Nil co-insurance: Full Network 20% co-insurance: <i>Panel Network</i> only	

*Our Panel Network comprises GP, specialist and physiotherapy clinics in Hong Kong, Singapore, Thailand and Vietnam. Find the full listing at <u>https://assets.april.fr/april-international/Network/pdf-april-panel-network-list.pdf</u>

GENERAL PRACTITIONER & SPECIALIST CONSULTATION FEES			
General Practitioner consultation fees	Fully Covered		
Specialist consultation fees	Fully Covered		
Physiotherapy A referral for physiotherapy must be submitted at the same time as your claim. Treatment is limited to 10 sessions per referral after which a new referral and medical report from your attending physician must be submitted.	\$1,000 Fully Covered		overed
OUTPATIENT MENTAL AND NERVOUS CONDITIONS			
Physician, psychologist, psychotherapist and complementary medicine practitioners' consultation fees, diagnostic scans and tests, medicines and drugs prescribed by a physician for mental and nervous conditions	No Cover	\$2,500	\$5,000
OUTPATIENT BEHAVIOURAL AND DEVELOPMENTAL DISORDERS			
Physician, psychologist and psychotherapist consultation fees, diagnostic scans and tests, medicines and drugs prescribed by a physician for a behavioural or developmental disorder	No Cover	\$1,000	\$1,500
MEDICINES AND DRUGS			
Medicines and drugs	Fully Covered		
DIAGNOSTIC SCANS AND TESTS			
Diagnostic scans and tests	Fully Covered		
MEDICAL APPLIANCES AND MOBILITY AIDS			
Purchase or rental of <i>mobility aids</i> Slings and bandages Purchase or rental of <i>medical appliances</i>	\$2,000 Maximum two mobility aids per disability	\$3,500 Maximum two <i>mobility aids</i> per <i>disability</i>	\$7,000 Maximum two mobility aids per disability

OUTPATIENT PLANS - CONTINUED	ESSENTIAL	EXTENSIVE	ELITE
COMPLEMENTARY MEDICINE AND TRADITIONAL CHINESE MEDICINE For the following benefits, the 20% co-insurance is waived if selected.	:		
Combined limit for all benefits listed in the <i>Complementary Medicine</i> and Traditional Chinese Medicine section	\$750	\$1,750	\$5,000
Consultation fees for the following complementary medicine practitioners, upon <i>referral</i> : Dietician following <i>illness</i> or <i>injury</i> , occupational therapy No <i>referral</i> required: Chiropractor, osteopath, podiatrist, speech therapist following <i>illness</i> or <i>injury</i>	Fully covered Up to the combined limit		
Consultation fees and medicine/consumables dispensed or used by the following practitioners in the course of treatment: Acupuncturist, bone setter, Chinese medicine practitioner, naturopath, homeopath, Ayurveda practitioner, <i>hypnotherapist</i> No <i>referral</i> required	Maxi	Fully covered Up to the combined limit Maximum one consultation per day	
FOLLOW UP CANCER CARE			
These services shall be covered following the completion of <i>active cancer treatment:</i> <i>Medicines and drugs</i> prescribed to prevent a recurrence of cancer and related specialist consultations	Fully Covered		
SCREENING, MEDICAL CHECKUP AND VACCINATIONS For the following benefits, the 20% co-insurance is waived if selected.			
Adults preventive screening as follows: Mammography for women aged 40 years and above		\$400	Fully Covered
 Pap smear for women aged 19 and above Prostate screening for men aged 40 years and above 			r period of insurance viders Only
Child health screenings below 16 years old for evaluating medical		\$400	Fully Covered
history, physical and development assessment, school entry health check and or diabetic screening	\$250	Maximum two tests p	to 16 :
Medical checkup packages or standalone tests or scans not listed above which are conducted in the absence of a diagnosis or suspected diagnosis No <i>referral</i> required		\$750	£2.000
Vaccinations (cost of vaccination only. Associated GP consult covered under consultation benefit) No <i>referral</i> required		\$750 \$2,000	\$2,000
ROUTINE OUTPATIENT MATERNITY For the following benefits, the 20% co-insurance is waived if selected.			
Physician consultation fees, diagnostic scans and tests, medicines and drugs, vitamins and supplements, prescribed by a physician or	No Cover \$		
licensed midwifery practice or clinic for routine pre-natal and post-natal services up to 45 days following birth			\$5,000 per pregnancy
A <i>waiting period</i> of 366 days applies (please refer to the Terms and Conditions)			

DENTAL AND OPTICAL BENEFIT The following Dental modules are optional and can be combined with any Hospital and Surgery Module. ESSENTIAL EXTENSIVE ELITE Minor Dental treatment \$1,250 Major Dental treatment \$2,500 Including orthodontic treatment commenced below the age of 16. All treatments excluding orthodontics: No Cover A waiting period of 300 days applies (please refer to the Terms and 20% co-insurance applies Conditions) Orthodontics: 50% co-insurance applies Eye examinations, frames, prescription contact lenses and No Cover \$300 prescription lenses

MATERNITY MODULE

The following Maternity modules are optional and available to women between 19 to 45 years of age, who have selected an Extensive or Elite Hospital and Surgery on a nil deductible basis, plus an optional Outpatient module.

	ESSENTIAL	EXTENSIVE	ELITE
Maternity Benefit limit A <i>waiting period</i> of 366 days applies (please refer to the Terms and Conditions)	\$5,000 per pregnancy	\$10,000 per pregnancy	\$15,000 per pregnancy
The following prenatal and post-natal services up to 45 days following birth: <i>Physician</i> consultation fees, <i>diagnostic</i> scans and tests, <i>medicines</i> and <i>drugs</i> , licensed midwifery and certified doula services, vitamins and supplements, complementary medicine, complementary maternity therapies (without <i>referral</i>)	Fully Covered Up to the overall maternity limit		
Delivery, including elective and emergency caesarean sections and up to seven (7) days of <i>nursery care</i> .			imit
Complications of pregnancy following major or minor assisted conception			
Complications of childbirth			
Therapeutic abortions			
Maternity Cash Benefit Where <i>you</i> deliver <i>your</i> infant at no cost to <i>u</i> s and the infant is added to <i>your</i> policy	\$1,000 per delivery	\$2,000 per delivery	\$3,000 per delivery

REPATRIATION, EVACUATION AND ASSISTANCE SERVICES PROVIDED BY APRIL ASSISTANCE

In the event of an emergency, the Member may call-collect our dedicated assistance hotline 24 hours a day, 365 days a year to request the following services. All limits and monetary amounts are stated in US\$ and cover is subject to our policy terms and conditions. For more details, please refer to the Emergency Assistance Program scope of services.

IN THE EVENT OF ACCIDENT OR SUDDEN SEVERE ILLNESS OF THE MEMBER (To a combined limit of US\$1,000,000)	Included in every plan
Emergency medical evacuation and medically required repatriation	Fully Covered
Return of the member to the country of residence after recovery	Return economy class airline ticket
Compassionate visit (if the member is unaccompanied and hospitalisation is reasonably expected to be more than 7 days)	Economy round trip transportation & hotel accommodation Up to \$150 per night for a maximum of 7 nights
Supply and delivery of medication not available locally	Fully Covered
Return of member's family members	One-way economy class airline ticket
Return of dependants	One-way economy class airline ticket
Round the clock telephone access	Trained multilingual personnel including a medical team will be on-hand to assist
IN THE EVENT OF THE DEATH OF THE MEMBER (To a combined limit of US\$30,000)	
Repatriation of mortal remains	Fully Covered
Cost of a transport coffin for repatriation of the body by air	Up to \$5,000
Presence of a person to accompany the deceased	Economy round trip transportation & hotel accommodation Up to \$150 per night for a maximum of 7 nights
Return of insured family members	One-way economy class airline ticket
IF PERSONAL EFFECTS ARE LOST OR STOLEN ABROAD	
Cash advance outside your home country or country of residence	Included
Sending urgent messages	Included
IN THE EVENT OF AN UNINTENTIONAL INFRACTION OF THE LAW ABB	COAD
Advance of legal expenses occurred while abroad	Included
Advance of cost of bail while abroad	Included
Assistance with translation of legal or administrative documents	Up to \$500 per event
Referral to local legal advisors	Included
IN THE EVENT OF THE DEATH OR CRITICAL ILLNESS OF A FAMILY MEN	ABER
Compassionate Home Travel	Return economy class airline ticket up to \$1,000
OTHER TRAVEL ASSISTANCE SERVICES	
APRIL Assistance will provide the following travel-related information	Visa and inoculation requirements for foreign countries Lost luggage and passport assistance while the member is traveling outside his/her <i>Home Country</i> or Usual <i>Country of Residence</i>
MEDICAL ASSISTANCE	
Medical Referral Service	Access to a global network of appointed and credentialed doctors, specialists and <i>hospitals</i>
Hospital Admission including Admission Deposits	In the event of an <i>emergency</i> admission, we will make arrangements to issue a <i>hospital</i> letter of guarantee
Tele-medicine Consultation and Evaluation of the Member's Condition	APRIL Assistance's duty doctors will provide help over the phone
Medical Monitoring	APRIL Assistance will monitor a Member's condition if hospitalised abroad

MH HK 2024/11

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