TABLE OF BENEFITS - PREMIER HEALTH PLAN

BENEFIT AND EXPLANATION	LIMITS
ALL BENEFITS BELOW, EVEN THOSE PAID IN FULL WILL CONTRIBUTE TO THE OVERALL ANNUAL POLICY MAXIMUM LIMIT	Overall annual policy maximum USD 5,000,000 or HKD 39,000,000

In-patient deductibles:

No **deductible** or

Optional USD 1,500 or HKD 11,700 Optional USD 4,000 or HKD 31,200

Optional USD 10,000 or HKD 78,000

Please see **your** insurance certificate for details of the **deductible** that applies to **your in-patient** and **day-patient** benefits.

MANDATORY PRE-AUTHORISATION

There are some benefits for which **you** must receive pre-authorisation. This will be stated in the benefit explanation.

Benefits may not be paid unless pre-authorisation has been provided.

Please contact **us** for pre-authorisation before proceeding with all **in-patient** and day/case **treatment**. Benefits may not be paid unless pre-authorisation has been provided.

OUT-PATIENT DAY TO DAY CARE

*PAID IN FULL UP TO THE ANNUAL MAXIMUM OF **OUT-PATIENT** DAY TO DAY CARE LIMIT OF USD 38,500 OR HKD 300,000

Annual maximum USD 38,500 or HKD 300,000

Co-insurances:

No **co-insurance** or

Optional 15% co-insurance

Please see **your** insurance certificate for details of the **co-insurance** that applies to **your out-patient** day to day care benefits

Please note that the **deductible** and not the **co-insurance** apply to the **out-patient treatment** undertaken in connection with the advanced imaging, cancer **treatment**, transplant services and kidney dialysis benefits.

OUT-PATIENT SURGICAL OPERATIONS When carried out by a specialist or a doctor.	Paid in full*
PATHOLOGY, RADIOLOGY AND DIAGNOSTIC TESTS	
When recommended by your specialist or doctor to help diagnose or assess your condition: o pathology such as blood test(s) or radiology such as ultrasound or X-ray(s) odiagnostic tests such as electrocardiograms (ECGs)	Paid in full*

BENEFIT AND EXPLANATION	LIMITS
SPECIALIST CONSULTATIONS AND DOCTOR'S FEES	
Consultations with your specialist or doctor , for example to:	
 receive or arrange treatment follow up on treatment already received receive pre- and post-hospital consultations/treatment receive prescriptions for medicines, or diagnose your symptoms 	
Such consultations may take place in the specialist's or doctor's office, by telephone or using the internet.	
QUALIFIED NURSES	
Costs for nursing care, for example injections or wound dressings by a qualified nurse .	
MENTAL HEALTH	
Consultation fees with psychiatrists, psychologists and psychotherapists to:	Paid in full*
 receive or arrange treatment receive pre- and post-hospital treatment, or diagnose your illness 	Up to 30 consultations each policy year
Such consultations must take place in the psychiatrist's, psychologist's or psychotherapist's office.	
PHYSIOTHERAPISTS, OSTEOPATHS AND CHIROPRACTORS	
Consultations and treatment with physiotherapists , osteopaths , chiropractors for physical therapies aimed at restoring your normal physical function.	
OCCUPATIONAL THERAPIST AND ORTHOPTIST	
Consultations and treatment with occupational therapists and orthoptists.	
FOOTCARE	
Treatment by a podiatrist, orthopaedic specialist , or chiropodist. Treatment for corns, calluses or thickened misshapen nails will <u>only</u> be covered if you have diabetes.	
DIETETIC GUIDANCE	Paid in full* up to 4 visits
We pay for consultations with a dietician , required for dietary advice relating to a diagnosed disease or illness, such as diabetes.	each policy year
PRESCRIBED MEDICINES AND DRESSINGS	
Medicines and dressings prescribed by your medical practitioner , required to treat a disease, illness or injury.	Paid in full*
COMPLEMENTARY MEDICINES: HOMEOPATHY, NATUROPATHY, CHINESE MEDICINE AND BONESETTER	Up to 15 visits each policy year*
Consultations and treatment with homeopaths, naturopaths, Chinese medicine practitioners and Bonesetters who are appropriately qualified and registered to practise in the country where treatment is received.	
Note: should any complementary medicines or treatments be supplied or carried out on a separate date to a consultation, these costs will be considered as a separate consultation.	
We only pay for the complementary medicines and therapies above. Exclusions apply to some Chinese medicines as detailed in the General exclusions section.	
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BENEFIT AND EXPLANATION	LIMITS
DURABLE MEDICAL EQUIPMENT	
Durable medical equipment that:	
 can be used more than once is not disposable is used to serve a medical purpose is not used in the absence of a disease, illness or injury and is fit for use in the home 	Paid in full*
For example oxygen supplies or wheelchairs.	
PREVENTIVE TREATMENT	
HEALTH SCREENING AND WELLNESS (WAITING PERIOD 10 MONTHS)	
Once you have been covered on this health plan for 10 months.	
A health screen generally includes various routine tests performed to assess your state of health and could include tests to check cholesterol and blood sugar (glucose) levels, liver and kidney function tests, a blood pressure check, and a cardiac risk assessment. You may also have the specific screening tests for breast, cervical, prostate, colorectal cancer or bone densitometry. The actual tests you have will depend on those supplied by the benefits provider where you have your screening.	Up to USD 1,300 or HKD 10,000 each policy year
VACCINATIONS	
The following are covered:	
 Vaccinations which are recommended as part of the national childhood immunisation programme in the country of residency Human papilloma virus (HPV) vaccination to protect against cervical cancer Influenza (seasonal flu) vaccination 	Up to USD 750 or HKD 5,800 each policy year
Travel vaccinations are not covered under this benefit.	
EYE TEST	Daid in full
One eye test each policy year , which includes the cost of your consultation and sight/vision testing.	Paid in full 1 test each policy year
PREVENTIVE DENTAL (WAITING PERIOD 6 MONTHS)	
Once you have been covered on this health plan for 6 months:	
 two check-ups/exams each policy year X-rays/bitewing/single view/Orthopantomogram (OPG) scale and polish/ tooth cleaning gum shield/mouth guard 	Paid in full 2 visits each policy year
DENTAL TREATMENT AND HEARING AIDS/OPTICAL	
DENTAL TREATMENT	
ACCIDENT RELATED DENTAL TREATMENT	
We pay for accident-related dental treatment that you receive from a dental practitioner for treatment during an emergency visit following accidental damage to any tooth.	50% up to USD 2,550 or HKD 20,000 each policy
	year

BENEFIT AND EXPLANATION	LIMITS
ROUTINE DENTAL (WAITING PERIOD 6 MONTHS)	
Once you have been covered on this health plan for 6 months:	
 fillings root canal treatment x-ray tooth extraction 	
anaesthesia	
MAJOR RESTORATIVE (WAITING PERIOD 6 MONTHS)	
Once you have been covered on this health plan for 6 months:	
 bridges crowns dental implants dentures 	Please see previous page for shared limit.
HEARING AIDS/OPTICAL	
HEARING AIDS	
Costs for prescribed hearing aids.	
SPECTACLE FRAMES AND LENSES AND CONTACT LENSES	
Spectacle and contact lenses which are prescribed to correct a sight/vision problem such as short or long sight.	
IN-PATIENT CARE: FOR ALL IN-PATIENT AND DAY-PATIENT TREATMENT COSTS	

Your optional deductible applies to all the following benefits.

Please see **your** insurance certificate for details of the **deductible** that applies to **your in-patient** and **day-patient** benefits.

Deficits.	
HOSPITAL ACCOMMODATION, ROOM AND BOARD	
When:	
 there is a medical need to stay in hospital the treatment is given or managed by a specialist the length of your stay is medically appropriate 	
We will not pay the extra costs of a deluxe, executive or VIP suite. If the cost of treatment is linked to the type of room, we pay the cost of treatment at the rate which would be charged if you occupied a room type appropriate for this health plan .	Paid in full Standard private room
For in-patient stays of 5 nights or more, you or your specialist must send us a medical report before the fifth night, confirming your diagnosis, treatment already given, treatment planned and discharge date.	
We will also pay up to USD 17 or HKD 130 each day for personal expenses such as newspapers, television rental and guest meals when you have had to stay overnight in hospital .	
PARENT ACCOMMODATION IN HOSPITAL	
Room and board costs for a parent staying in hospital with their child when the costs are for one parent only, you are staying with a child up to 18 years old and the child is insured and receiving treatment that is covered.	Paid in full

BENEFIT AND EXPLANATION	LIMITS
OPERATING ROOM, MEDICINES AND SURGICAL DRESSINGS	
Costs of the:	
 operating room recovery room medicines and dressings used in the operating or recovery room medicines and dressings used during your hospital stay 	Paid in full
INTENSIVE CARE	
Costs for treatment in an intensive care unit when it is medically necessary or an essential part of treatment .	Paid in full
SURGERY, INCLUDING SURGEONS' AND ANAESTHETISTS' FEES	
Surgery, including surgeons' and anaesthetists' fees, as well as treatment needed immediately before and after the surgery on the same day.	Paid in full
SPECIALISTS' CONSULTATION FEES	
When you require medical treatment during your stay in hospital.	
PATHOLOGY, RADIOLOGY AND DIAGNOSTIC TESTS :	Paid in full
 pathology such as blood test(s) radiology such as ultrasound or X-ray(s) diagnostic tests such as electrocardiograms (ECGs) 	
when recommended by your specialist to help diagnose or assess your condition when you are in hospital .	
MENTAL HEALTH	
Mental health treatment , where it is medically necessary for you to be treated as a day-patient or in-patient to include room, board and all treatment costs related to the mental health condition.	Paid in full
Any mental health treatment overnight in hospital and as a day-patient for 5 days or more will need pre-authorisation. Benefit will not be paid unless pre-authorisation has been provided.	
PHYSIOTHERAPISTS, OCCUPATIONAL THERAPISTS, SPEECH THERAPISTS AND DIETICIANS	
Treatment provided by therapists (such as occupational therapists), physiotherapy and dietician or speech therapy if it is needed as part of your treatment in hospital , meaning this is not the sole reason for your hospital stay.	Paid in full

BENEFIT AND EXPLANATION	LIMITS
OBESITY SURGERY (WAITING PERIOD OF 24 MONTHS)	
Once you have been covered on this health plan for 24 months, we may pay, subject to Bupa Global's medical policy criteria, for bariatric surgery, if you :	
 have a body mass index (BMI) of 40 or over and have been diagnosed as being morbidly obese 	
 can provide documented evidence of other methods of weight loss which have been tried over the past 24 months and have been through a psychological assessment which has confirmed that it is appropriate for you to undergo the procedure 	Paid in full
The bariatric surgery technique needs to be evaluated by our medical teams and is subject to Bupa Global's medical policy criteria.	
In some cases, you may qualify for weight-loss surgery if your BMI is between 35 and 40 and you have a serious weight-related health problem, such as type 2 diabetes. The decision for Bupa Global to cover this will be entirely made by our medical teams.	
Please contact us for pre-authorisation before proceeding with treatment . Benefit will not be paid unless pre-authorisation has been provided.	
PROPHYLACTIC SURGERY	
We may pay depending on Bupa Global's medical policy criteria, for example, a mastectomy when there is a significant family history and/or you have a positive result from genetic testing.	Paid in full
Please contact ${f us}$ for pre-authorisation before proceeding with ${f treatment}$. Benefit may not be paid unless pre-authorisation has been provided.	
PROSTHETIC DEVICES	
The initial prosthetic device needed as part of your treatment . By this we mean an external artificial body part, such as a prosthetic limb or prosthetic ear which is required at the time of your surgical procedure.	Per device up to
We do not pay for any regular maintenance or replacement prosthetic devices for adults including any replacement devices or regular maintenance needed for a pre-existing condition. We will pay for the initial and up to two replacements per device for children under the age of 18.	USD 4,000 or HKD 31,200
PROSTHETIC IMPLANTS AND APPLIANCES	
Eligible prosthetic implants and appliances shown in the following lists. Prosthetic implants:	
to replace a joint or ligament	
to replace a heart valveto replace an aorta or an arterial blood vessel	
 to replace a sphincter muscle to replace the lens or cornea of the eye 	
to control urinary incontinence or bladder control	
 to act as a heart pacemaker (internal cardiac defibrillator may be available subject to Bupa Global's medical policy criteria. Please contact us for pre-authorisation) 	Paid in full
to remove excess fluid from the brain	
 cochlear implant – provided the initial implant was provided when you were under the age of five, we will pay ongoing maintenance and replacements to restore vocal function following surgery for cancer 	
Appliances:	
o a knee brace which is an essential part of a surgical operation for the repair to a	
cruciate (knee) ligament o a spinal support which is an essential part of a surgical operation to the spine	
an external fixator such as for an open fracture or following surgery to the head or neck	

	LIMITS
RECONSTRUCTIVE SURGERY	
Treatment to restore your appearance after an illness, injury or surgery. We may pay for surgery when the original illness, injury or surgery and the reconstructive surgery take place during your current continuous cover.	Paid in full
Please contact us for pre-authorisation before proceeding with any reconstructive surgery. Benefit will not be paid unless pre-authorisation has been provided.	
ACCIDENT RELATED DENTAL TREATMENT	Paid in full
We pay for dental treatment that is required in hospital after a serious accident.	
IN-PATIENT HOSPITAL CASH BENEFIT	
We pay in-patient hospital cash benefit if you:	Up to 20 nights each policy year, up to
 have been treated in a public hospital in Hong Kong have received in-patient treatment in hospital which is covered under this plan 	USD 150 or HKD 1170 per night
whether or not you have been charged for your room, board and treatment .	
HOSPICE AND REHABILITATION	
HOSPICE AND PALLIATIVE CARE	
Hospice and palliative care services if you have received a terminal diagnosis and can no longer have treatment which will lead to your recovery:	Up to USD 40,000 or HKD
hospital or hospice accommodationnursing care	312,000 per lifetime
 prescribed medicines physical, psychological, social and spiritual care 	
physical, psychological, social and spiritual care	
REHABILITATION (MULTIDISCIPLINARY REHABILITATION)	
We pay for rehabilitation , including room, board and a combination of therapies such as physical, occupational and speech therapy after an event such as a stroke. We do not pay for room and board for rehabilitation when the treatment being given is solely physiotherapy.	Paid in full Up to 30 days each policy year
We pay for rehabilitation only when you have received our pre-authorisation before the treatment starts, for up to 30 days treatment per policy year. For treatment in hospital one day is each overnight stay and for day-patient and out-patient treatment one day is counted as any day on which you have one or more appointments for rehabilitation treatment.	
We only pay for multidisciplinary rehabilitation where it:	
 starts within 30 days after the end of your treatment in hospital for a condition which is covered by your health plan (such as trauma or stroke), and arises as a result of the condition which required the hospitalisation or is needed as a result of such treatment given for that condition 	
Note: in order to give pre-authorisation, we must receive full clinical details from your specialist ; including your diagnosis, treatment given and planned and proposed discharged date if you stayed in hospital to receive rehabilitation .	
Please contact us for pre-authorisation before proceeding with treatment . Benefit may not be paid unless pre-authorisation has been provided.	

IN-PATIENT AND/OR OUT-PATIENT CARE

Please note that the **deductible** and not the **co-insurance** apply to the **out-patient treatment** undertaken in connection with the advanced imaging, cancer **treatment**, transplant services and kidney dialysis benefits.

BENEFIT AND EXPLANATION	LIMITS
ADVANCED IMAGING	
 magnetic resonance imaging (MRI) computed tomography (CT) positron emission tomography (PET) 	
when recommended by your specialist to help diagnose or assess your condition.	
CANCER TREATMENT	
If you are diagnosed with cancer, we will pay for costs related specifically to planning and carrying out treatment for the cancer. This includes:	
 surgery (including any prostheses needed) specialists' fees diagnostic tests consultations with a specialist chemotherapy radiotherapy treatment you need to relieve the side effects of cancer treatment examples include antibiotics, anti-sickness drugs, pain relief, blood transfusions, cold 	Paid in full
 cap treatment needed as a result of cancer treatment. bone marrow and peripheral blood stem cell transplants (see the 'transplant services' benefit for details of what we cover) 	
 one wig consultations and diagnostic tests to monitor your condition after your cancer treatment has finished and you are still under the care of your cancer specialist 	
We will also pay for you to have a chemotherapy at home where this is possible.	
Please contact us for pre-authorisation before proceeding with treatment . Benefit may not be paid unless pre-authorisation has been provided.	
Treatment for cancer using ATMPs will be covered separately from the ATMP benefit.	
ADVANCED THERAPY MEDICINAL PRODUCTS (ATMPS)	
We pay for ATMP treatment if it is:	
 administered by a specialist in the country where you receive it, and; approved by the licensing authority in the country where you receive it, for your condition, stage of disease and stage of treatment that you have, and; endorsed by an independent specialist appointed by Bupa Global who confirms it: as medically appropriate, based on established medical practice, or is provided under a registered and ethically approved study (in this case we will not apply the 'experimental or unproven treatment' exclusion). 	Paid in full, one course of treatment for each condition per lifetime
Please contact us for pre-authorisation before proceeding with treatment . Benefit may not be paid unless pre-authorisation has been provided.	

BENEFIT AND EXPLANATION	LIMITS
TRANSPLANT SERVICES	Each condition up to USD 600,000 or HKD 4,680,000
All medical expenses, including consultations with a doctor or specialist and medical treatments whether staying in hospital overnight, as a day-patient or an out-patient for the following transplants, if the organ has come from a relative or a certified and verified source of donation:	
 cornea small bowel kidney kidney/pancreas liver heart 	
heartlung, orheart/lung transplant	
Costs for anti-rejection medicines and medical expenses for bone marrow transplants and peripheral stem cell transplants, with or without high dose chemotherapy when treating cancer, are covered under the cancer treatment benefit.	
Donor expenses, for each condition needing a transplant whether the donor is insured or not, including:	
 the harvesting of the organ, whether from a live or deceased donor all tissue matching fees hospital/operation costs of the donor, and any donor complications, but to a maximum of 30 days post-operatively only 	
Please contact us for pre-authorisation before proceeding with treatment . Benefit may not be paid unless pre-authorisation has been provided.	
KIDNEY DIALYSIS	Paid in full
Provided as an in-patient , day-patient or as an out-patient .	
NEWBORN CARE	
The newborn care benefit is paid instead of any other benefit.	Up to USD 6,250 or HKD 48,750 maximum
Newborn children must have their own membership and must be registered on a Bupa Global plan before this benefit can be claimed.	benefit for all treatment received during the first 90
Please contact us for pre-authorisation before proceeding with treatment . Benefit may not be paid unless pre-authorisation has been provided.	days following birth each policy year

BENEFIT AND EXPLANATION

LIMITS

TRANSPORTATION/TRAVEL

Evacuation covers **you** for reasonable transport costs to the nearest appropriate place of **treatment**, when the **treatment you** need is not available nearby.

For all medical transfers:

- you must contact us for pre-authorisation before you travel
- the treatment must be recommended by your specialist or doctor
- the **treatment** is not available locally
- the treatment must be covered under your health plan
- **we** must agree the arrangements with **vou**, and
- benefit is applicable for **hospital treatment**, either overnight or as a **day-patient**

Please contact **us** for pre-authorisation before proceeding with **treatment**. Benefit may not be paid unless pre-authorisation has been provided.

Evacuation may also be authorised if **you** need advanced imaging or cancer **treatment** such as radiotherapy or chemotherapy.

We will only pay if all arrangements are agreed and approved in advance by **Bupa Global**. Should **you** arrange transportation covered under the **health plan** yourself **we** shall only compensate **your** expenses to the equivalent cost if **we** had arranged **your** transportation.

Note:

- **we** do not pay for extra nights in **hospital** when **you** are no longer receiving **active treatment** which requires **you** to be hospitalised, for example when **you** are awaiting **your** return flight.
- we will not approve a transfer which in our reasonable opinion is inappropriate based on established clinical and medical practice, and we are entitled to conduct a review of your case, when it is reasonable for us to do so.
 Evacuation will not be authorised if it is against the advice of the Bupa Global medical team.
- we will not arrange evacuation in cases where the local situation, including geography, makes it impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone. Such intervention depends upon and is subject to local and/or international resource availability and must remain within the scope of national and international law and regulations. Interventions may depend on the attainment of necessary authorisations issued by the various authorities concerned, which may be outside of the reasonable control or influence of Bupa Global or our service partners
- **we** cannot be held liable for any delays or restrictions in connection with the transportation caused by weather conditions, mechanical problems, restrictions imposed by public authorities or by the pilot or any other condition beyond **our** control.
- Bupa Global is not the provider of the transportation and other services set out in the transportation/travel section, but will arrange those services on your behalf. In some countries we may use service partners to arrange these services locally, but Bupa Global will always be here to support you.

EVACUATION

Transport costs for an evacuation:

- to the nearest appropriate place where the required **treatment** is available. (This could be to another part of the country that **you** are in or to another country), and
- for the return journey to the place **you** were transferred from

When this is authorised in advance by us.

The costs **we** pay for the return journey will be either:

- the reasonable cost of the return journey by land or sea, or
- the cost of an economy class air ticket whichever is the lesser amount

We do not pay any other costs related to the evacuation such as travel costs or hotel accommodation. In some cases, it may be more appropriate for **you** to travel to the airport by taxi, than other means of transport, such as an ambulance. In these cases, and if approved in advance, **we** will pay for taxi fares.

Paid in full

BENEFIT AND EXPLANATION	LIMITS
REPATRIATION	
Transport costs for a repatriation:	
 to your specified country of nationality as given on your application form, or your specified country of residence, and the return journey to the place you were transferred from when: this is authorised in advance by Bupa Global 	
The costs we pay for the return journey will be either:	
 the reasonable cost of the return journey by land or sea, or the cost of an economy class air ticket whichever is the lesser amount 	Paid in full
We do not pay any other costs related to the repatriation such as travel costs or hotel accommodation.	
In some cases, it may be more appropriate for you to travel to the airport by taxi, than other means of transport, such as an ambulance. In these cases, and if approved in advance, we will pay for taxi fares.	
In some cases you may request a medical repatriation when contacting Bupa Global for authorisation, but this may not be medically appropriate. In these cases, we will first evacuate you to the nearest appropriate place where treatment is available. Once you have been stabilised, we may then repatriate you to your specified country of nationality or your specified country of residence .	
TRAVEL COST FOR AN ACCOMPANYING PERSON	
Reasonable travel costs for a close relative (spouse/partner, parent, child, brother or sister) to accompany you if there is a reasonable need for you to be accompanied. By 'reasonable need' we mean that you need someone to accompany you for one of the following reasons:	
 you need assistance to board or disembark from transport you need to be transferred over a long distance (over at least 1000 miles or 1600 KM) there is no medical escort in the case of serious acute illness 	
The accompanying person may travel in a different class from the person receiving treatment depending on medical requirements.	Paid in full
Reasonable travel costs for the return journey to the place you were transferred from when this is authorised in advance by Bupa Global .	
The costs we pay for the return journey will be either:	
 the reasonable cost of the return journey by land or sea, or the cost of an economy air ticket whichever is the lesser amount 	
We do not pay for someone to travel with you when the evacuation is for you to receive out-patient treatment.	
TRAVEL COST FOR THE TRANSFER OF CHILDREN	
Reasonable travel costs for children to be transferred with you in the event of an evacuation, provided they are under the age of 18 when:	Dail in full
 it is medically necessary for you as their parent or guardian to be evacuated your spouse, partner, or other joint guardian is accompanying you, and they would otherwise be left without a parent or guardian 	Paid in full

BENEFIT AND EXPLANATION	LIMITS	
LIVING ALLOWANCE		
Costs towards living expenses for a relative (spouse/partner, parent, child, brother or sister) who is authorised to travel with you :		
 following an evacuation, and for up to 10 days, or your date of discharge whichever is the earlier, whilst away from their usual specified country of residence 	10 days each policy year up to USD 150 or HKD 1,170 per day	
We do not pay for someone to travel with you when evacuation is for out-patient treatment only.		
LOCAL AIR AMBULANCE:		
 from the location of an accident to a hospital, or for a transfer from one hospital to another 		
When a local air ambulance is:		
 medically necessary used for short distances of up to 100 miles/160 kilometres, and related to treatment that is covered that you need to receive in hospital 	Paid in full	
A local air ambulance may not always be available in cases where the local situation makes it impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone. We do not pay for mountain rescue.		
impossible, unreasonably dangerous or impractical to enter the area, for example from an oil		
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impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone. We do not pay for mountain rescue. LOCAL ROAD AMBULANCE: from the location of an accident to a hospital for a transfer from one hospital to another, or		
impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone. We do not pay for mountain rescue. LOCAL ROAD AMBULANCE: from the location of an accident to a hospital for a transfer from one hospital to another, or from your home to the hospital		
impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone. We do not pay for mountain rescue. LOCAL ROAD AMBULANCE: from the location of an accident to a hospital for a transfer from one hospital to another, or from your home to the hospital When a local road ambulance is: medically necessary, and	Paid in full	
impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone. We do not pay for mountain rescue. LOCAL ROAD AMBULANCE: from the location of an accident to a hospital for a transfer from one hospital to another, or from your home to the hospital When a local road ambulance is: medically necessary, and related to treatment that is covered that you need to receive in hospital	Paid in full	
impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone. We do not pay for mountain rescue. LOCAL ROAD AMBULANCE: from the location of an accident to a hospital for a transfer from one hospital to another, or from your home to the hospital When a local road ambulance is: medically necessary, and related to treatment that is covered that you need to receive in hospital REPATRIATION OF MORTAL REMAINS Reasonable costs for the transportation of your body or cremated mortal remains to your	Paid in full	
impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone. We do not pay for mountain rescue. LOCAL ROAD AMBULANCE: from the location of an accident to a hospital for a transfer from one hospital to another, or from your home to the hospital When a local road ambulance is: medically necessary, and related to treatment that is covered that you need to receive in hospital REPATRIATION OF MORTAL REMAINS Reasonable costs for the transportation of your body or cremated mortal remains to your home country or to your specified country of residence: in the event of your death while you are away from home, and	Paid in full	

YOUR EXCLUSIONS

In the 'General exclusions' section below, **we** list specific **treatments**, conditions and situations that **we** do not cover as part of **your health plan**. In addition to these **you** may have personal exclusions or restrictions that apply to **your health plan**, as shown on **your** insurance certificate.

Do you have cover for pre-existing conditions?

When **you** applied for **your health plan you** were asked to provide all information about any disease, illness or injury for which **you** received medication, advice or **treatment**, or **you** had experienced symptoms before **you** became a customer - **we** call these **pre-existing conditions**.

Our medical team reviewed your medical history to decide the terms on which we offered you this health plan. We may have offered to cover any pre-existing conditions, possibly for an extra premium, or decided to exclude specific pre-existing conditions or apply other restrictions to your health plan. If we have applied any personal exclusion or other restrictions to your health plan, this will be shown on your insurance certificate. This means we will not cover costs for treatment of this pre-existing condition, related symptoms, or any condition that results from or is related to this pre-existing condition. Also we will not cover any pre-existing conditions that you did not disclose in your application.

If we have not applied a personal exclusion or restriction to your insurance certificate, this means that any pre-existing conditions that you told us about in your application are covered under your health plan.

General exclusions

The exclusions in this section apply in addition to and alongside any personal exclusions and restrictions explained above.

For all exclusions in this section, and for any personal exclusions or restrictions shown on **your** insurance certificate, **we** do not pay for conditions which are directly related to:

- excluded conditions or **treatments**
- additional or increased costs arising from excluded conditions or treatments
- complications arising from excluded conditions or treatments

Important note

Our global health plans are non-U.S. insurance products and accordingly are not designed to meet the requirements of the U.S. Patient Protection and Affordable Care Act (the Affordable Care Act). **Our** plans may not qualify as minimum essential coverage or meet the requirements of the individual mandate for the purposes of the Affordable Care Act, and **we** are unable to provide tax reporting on behalf of those U.S. taxpayers and other persons who may be subject to it. The provisions of the Affordable Care Act are complex and whether or not you or your dependants are subject to its requirements will depend on a number of factors. You should consult an independent professional financial or tax advisor for guidance. For customers whose coverage is provided under a group health plan, you should speak to your health plan administrator for more information.

Please note that, should **you** choose to have **treatment** or services with a benefit provider who is not part of **network**, **we** will only cover costs that are **Reasonable and Customary**. Other rules may apply in respect of **covered benefits** received from an 'out-of-**network**' benefit
provider in certain specific countries. This applies whether **we** pay the benefit provider directly, or **you** pay the costs
and claim this back from **us**.

GENERAL EXCLUSIONS	
Administration / registration fees	Administration and/or registration fees (unless we , at our reasonable discretion, deem that such fees are proper and usual, accepted practice in the relevant country).
Advance payments / deposits	Advance payments and/or deposits towards the costs of any covered benefits .
Antenatal classes	We will not pay for antenatal classes from your maternity benefits or any other benefits.

Artificial life maintenance	We will not pay for artificial life maintenance for more than 90 days - including mechanical ventilation, where such treatment will not or is not expected to result in your recovery or restore you to your previous state of health. Example: We will not pay for artificial life maintenance when you are unable to feed and breathe independently and require percutaneous endoscopic gastrostomy (PEG) or nasal feeding for a period of more than 90 days.
Birth control	Contraception, sterilisation, vasectomy, termination of pregnancy (unless there is a threat to the mother's health), family planning, such as meeting your doctor to discuss becoming pregnant or contraception.
Chinese medicine	Any of the following traditional Chinese medicines: cordyceps; ganoderma; antler; cubilose; donkey-hide gelatin; hippocampus; ginseng; red ginseng; American Ginseng; Radix Ginseng Silvestris; antelope horn powder; placenta hominis; Agaricus blazei murill; musk; and pearl powder, rhinoceros horn and substances from Asian Elephant, Sun Bear, and Tiger or other endangered species.
Conflict and disaster	We shall not be liable for any claims which concern, are due to or are incurred as a result of treatment for sickness or injuries directly or indirectly caused by you putting yourself in danger by entering a known area of conflict (as listed below) and/or if you were an active participant or you have displayed a blatant disregard for your personal safety in a known area of conflict: o nuclear or chemical contamination o war, invasion, acts of a foreign enemy o civil war, rebellion, revolution, insurrection o terrorist acts o military or usurped power o martial law o civil commotion, riots, or the acts of any lawfully constituted authority o hostilities, army, naval or air services operations whether war has been declared or not
Convalescence and admission for treatment that could take place as a day-case or out-patient, general care, or staying in hospital for	 convalescence, pain management, supervision, or receiving only general nursing care, or therapist or complementary therapist services, or domestic/living assistance such as bathing and dressing
Cosmetic treatment	Non-medically essential surgery and treatment to alter your appearance including abdominoplasty or treatment related to or arising from the removal or addition of non-diseased or surplus or fat tissue is not covered. We do not pay for treatment of keloid scars. We also do not pay for scar revision, even if the scar is causing a functional problem. Note: If your doctor recommends cosmetic treatment to correct a functional problem, for example, excess eye tissue which is interrupting the visual field, please contact us for pre-authorisation as your case will be assessed according to Bupa Global's medical policy criteria. If approved, benefits will be paid in line with the rules and benefits of your health plan .
Developmental problems	Treatment for, or related to developmental problems, including: learning difficulties, such as dyslexia developmental problems treated in an educational environment or to support educational development

Experimental or unproven treatment	Clinical tests, treatments, equipment, medicines, devices or procedures that are considered to be unproven or investigational with regards to safety and efficacy. This includes: any test, treatment, equipment, medicine, device or procedure that is not considered to be in standard clinical use but is (or should, in Bupa's reasonable clinical opinion, be) under investigation in clinical trials with respect to its safety and efficacy. any tests, treatment, equipment, medicine, products or procedures used for purposes other than defined under its licence, unless this has been pre-authorised by Bupa Global in line with its criteria for standard clinical use. Standard clinical use includes: treatment agreed to be "best" or "good practice" in national or international evidence-based (but not consensus-based) guidelines, such as those produced by NICE (National Institute for Health and Care Excellence) (excluding medicines approved though the UK Cancer Drugs Fund), Royal Colleges or equivalent national specialist bodies in the country of treatment; the conclusions from independent evidence-based health technology assessment or systematic review (e.g. Hayes, CADTH, The Cochrane Collaboration, the NCCN level 1 or Bupa's in-house Clinical Effectiveness team) indicate that the treatment is safe and effective; where the treatment has received full regulatory approval by the licensing authority (e.g. U.S. Food and Drugs Agency (FDA), the European Medicines Agency (EMA), the Saudi Arabia Food and Drug Agency) in the location where the customer has requested treatment, and is duly licensed for the condition and patient population being requested (please note – full regulatory approval would require submission of data to the local licensing agency that adequately demonstrated safety and effectiveness in published phase 3 trials); and/or tests, treatments, equipment, medicines, devices or procedures which are mandated to be made available by the local law or regulation of the country in which treatment is requested. Cas
Eyesight	Treatment , equipment or surgery to correct eyesight, such as laser treatment , refractive keratotomy (RK) and photorefractive keratotomy (PRK).
Gender issues	Sex changes or gender reassignments.
Genetic testing	Genetic tests, when such tests are performed to determine whether or not you may be genetically likely to develop a medical condition. Example: We do not pay for tests used to determine whether you may develop Alzheimer's disease, when that disease is not present.

Harmful or hazardous use of alcohol, drugs and/or medicines	Treatment for or arising directly or indirectly, from the deliberate, reckless (including where the insured has displayed a blatant disregard for his/her personal safety or acted in a manner inconsistent with medical advice), harmful and/or hazardous use of any substance including alcohol, drugs and/or medicines; and in any event, from the illegal use of any such substance.
Health hydros, nature cure clinics or any establishment that is not a hospital	Treatment or services received in a health hydro, nature cure clinic, spa, or any similar establishment that is not a hospital .
Ineligible medical practitioner, hospital or healthcare facility	 we do not pay for: treatment that you have from a person or at a place if: the relevant local authorities do not recognise them as having specialist knowledge of, or expertise in treating the disease, illness or injury that you need treatment for, or we have told them in writing that we will not pay for treatment they give to anyone covered by our health plans. You can contact us for details of who we have sent written notice to, or visit Facilities Finder at bupaglobal.com/en/facilities/finder treatment you give yourself treatment from anyone who lives with you treatment from a family member.
Infertility treatment	Treatment to assist reproduction such as: in-vitro fertilisation (IVF) gamete intrafallopian transfer (GIFT) zygote intrafallopian transfer (ZIFT) artificial insemination (AI) prescribed drug treatment embryo transport (from one physical location to another), or donor ovum and/or semen and related costs Note: we pay for reasonable investigations into the causes of infertility if: you had not been aware of any problems before joining, and you have been a member of this plan (or any Bupa administered plan which included cover for this type of investigation) for a continuous period of two years before the investigations start Once the cause is confirmed, we will not pay for any additional investigations in the future.
Maternity and childbirth	Treatment for maternity including childbirth for any condition arising from maternity or childbirth except the following conditions and treatments: o abnormal cell growth in the womb (hydatidiform mole) foetus growing outside of the womb (ectopic pregnancy) other conditions arising from pregnancy or childbirth, but which could also develop in people who are not pregnant
Mechanical or animal donor organs	Mechanical or animal organs, except where a mechanical appliance is temporarily used to maintain bodily function whilst awaiting transplant, purchase of a donor organ from any source or harvesting or storage of stem cells when a preventive measure against possible future disease.

Obesity and weight management	Treatment for or as a result of obesity and weight management such as:
	slimming aids or drugs, orslimming classes
	Note: We may cover costs associated with obesity surgery as detailed in the 'Table of benefits', subject to Bupa Global's medical policy criteria.
Persistent vegetative state (PVS) and neurological damage	We will not pay for treatment while staying in hospital for more than 90 continuous days for permanent neurological damage or if you are in a persistent vegetative state.
Professional sports activities	Treatments and services arising as a result of professional sports activities , including but not limited to, any form of aerial flight, any kind of power-vehicle race, water sports, horse riding activities, mountaineering activities, violent sports such as judo, boxing, and wrestling, bungee jumping and any other professional sports activities .
Sexual problems	Sexual problems, such as impotence, whatever the cause.
Sleep disorders	Treatment , including sleep studies, for insomnia, sleep apnoea, snoring, or any other sleep-related problem.
Stem cells	Harvesting or storage of stem cells. For example ovum, cord blood or sperm storage.
	Note: We pay for bone marrow transplants and peripheral stem cell transplants when carried out as part of the treatment for cancer. This is covered under the cancer treatment benefit.
Surrogacy	Treatment directly related to surrogacy. This applies to you if you act as a surrogate, or to anyone else acting as a surrogate for you .
Temporomandibular joint (TMJ) disorders	Disorders of the Temporomandibular joint (TMJ) and related complications.
Treatment outside area of cover	Treatment in the U.S.

TERMS AND CONDITIONS

No	CLAUSE
1.	Your policy
1.1	The definitions set out in the "Glossary" in the Guide to your Bupa Global health plan apply to these Terms and Conditions and are marked in bold.
1.2	This policy is an insurance contract between you the policyholder and Bupa Global for each policy year.
1.3	No other persons, including any dependants , may enforce any legal rights under this insurance contract. Dependants may use our complaints process set out in clause 15 below.
1.4	This insurance contract is set out in: these Terms and Conditions; the Guide to your Bupa Global health plan; the information and declarations in your application form; and the insurance certificate.
1.5	If you the policyholder add dependants to this policy, those dependants will be covered by this policy from the date shown on the updated insurance certificate sent to you the policyholder.
2.	Your cover
2.1	We will pay for the cost of any covered benefits in accordance with the terms of this policy and as defined in the Guide to your Bupa Global health plan.
2.2	Your health plan may include a mandatory annual deductible, which will be shown in the Guide to your Bupa Global health plan. You may also have an optional annual deductible, if available and selected by you the policyholder in your application form. Your deductibles will be shown on your insurance certificate and your insurance card. All annual deductibles apply to you the policyholder and each of the dependants separately. You the policyholder and each dependant may have different annual deductible amounts. You will have a new
	annual deductible if this policy renews. If an annual deductible applies, you must pay the cost of any covered benefits received directly to the
	provider until you have reached the level of your annual deductible. Costs in excess of the maximums shown in the Guide to your Bupa Global health plan will not count towards your annual deductible.
	The cost of any covered benefits you receive which are covered by your annual deductible (excluding costs in excess of the maximums shown in the Guide to your Bupa Global health plan), count towards the maximum cover limits shown in the Guide to your Bupa Global health plan.
	Even if the amount you are claiming is less than the amount of your annual deductible , you should still submit a claim to us so we know when you have reached the level of your annual deductible .
	As this is an annual deductible , if your first claim is towards the end of the policy year and your covered benefits continue over your renewal date, the annual deductible is payable separately for the covered benefits received in each policy year .
2.3	Your health plan may include a mandatory co-insurance, which will be shown in the Guide to your Bupa Global health plan. You may also have an optional co-insurance, if available and selected by you the policyholder in your application form. Your co-insurance will be shown on your insurance certificate and your insurance card
	You must pay for the co-insurance proportion of the cost of any covered benefits to which the co-insurance applies directly to the benefits provider.