# TABLE OF BENEFITS - ELITE GLOBAL HEALTH PLAN

BENEFIT AND EXPLANATION	LIMITS
ALL BENEFITS BELOW, EVEN THOSE PAID IN FULL WILL CONTRIBUTE TO THE OVERALL ANNUAL <b>POLICY</b> MAXIMUM LIMIT	Overall annual <b>policy</b> maximum USD 10,000,000 or HKD 78,000,000
Deductible options:  No deductible or  Optional USD 10,000 or HKD 78,000  Please see your insurance certificate for details of the deductible that applies to your in-poenefits.  MANDATORY PRE-AUTHORISATION  There are some benefits for which you must receive pre-authorisation. This will be stated in the Benefits may not be paid unless pre-authorisation has been provided.  Please contact us for pre-authorisation before proceeding with all in-patient and day/case to	he benefit explanation.
be paid unless pre-authorisation has been provided.  OUT-PATIENT DAY TO DAY CARE	_
*PAID IN FULL UP TO THE ANNUAL MAXIMUM OF <b>OUT-PATIENT</b> DAY TO DAY CARE LIMIT OF USD 75,000 OR HKD 585,000	Annual maximum USD 75,000 or HKD 585,000
OUT-PATIENT SURGICAL OPERATIONS  When carried out by a specialist or a doctor.	Paid in full*
PATHOLOGY, SCANS, X-RAY AND <b>DIAGNOSTIC TESTS</b>	
When recommended by <b>your specialist</b> or <b>doctor</b> to help diagnose or assess <b>your</b> condition:  o pathology such as blood test(s) o radiology such as ultrasound or X-ray(s) o <b>diagnostic tests</b> such as electrocardiograms (ECGs)	Paid in full*
SPECIALIST CONSULTATIONS AND DOCTOR'S FEES  Consultations with your specialist or doctor, for example to:	
<ul> <li>receive or arrange treatment</li> <li>follow up on treatment already received</li> <li>receive pre- and post-hospital consultations/treatment</li> <li>receive prescriptions for medicines, or</li> <li>diagnose your symptoms</li> </ul>	Paid in full* Up to 60 consultations each policy year

BENEFIT AND EXPLANATION	LIMITS
QUALIFIED NURSES	
Costs for nursing care, for example injections or wound dressings by a <b>qualified nurse</b> .	Please see previous page
MENTAL HEALTH	
Consultation fees with psychiatrists, <b>psychologists</b> and <b>psychotherapists</b> to:	
<ul> <li>receive or arrange treatment</li> <li>receive pre- and post-hospital treatment, or</li> <li>diagnose your illness</li> </ul>	
Such consultations must take place in the psychiatrist's, <b>psychologist's</b> or <b>psychotherapist's</b> office.	
PHYSIOTHERAPISTS, OSTEOPATHS AND CHIROPRACTORS	
Consultations and <b>treatment</b> with <b>physiotherapists</b> , <b>osteopaths</b> , <b>chiropractors</b> for physical therapies aimed at restoring <b>your</b> normal physical function.	
OCCUPATIONAL THERAPIST AND ORTHOPTIST	for shared limit.
Consultations and <b>treatment</b> with occupational <b>therapists</b> and orthoptists.	
FOOTCARE	
<b>Treatment</b> by a podiatrist, orthopaedic <b>specialist</b> , or chiropodist. <b>Treatment</b> for corns, calluses or thickened misshapen nails will <u>only</u> be covered if <b>you</b> have diabetes.	
COMPLEMENTARY THERAPIES: ACUPUNCTURE AND REFLEXOLOGY	
Consultations and <b>treatment</b> with acupuncturists and reflexologists when the practitioners are appropriately qualified and registered to practice in the country where <b>treatment</b> is received.	
Note: <b>treatments</b> supplied or carried out on a separate date to a consultation will be considered as a separate consultation.	
We <u>only</u> pay for these complementary therapies and those below.	
COMPLEMENTARY MEDICINES: HOMEOPATHY, NATUROPATHY AND CHINESE MEDICINE	
Consultations and <b>treatment</b> with homeopaths, naturopaths and Chinese medicine practitioners when the practitioners are appropriately qualified and registered to practise in the country where <b>treatment</b> is received.	Up to 30 visits each <b>policy</b> year
Note: should any complementary medicines or <b>treatments</b> be supplied or carried out on a separate date to a consultation, these costs will be considered as a separate consultation.	
<b>We</b> <u>only</u> pay for the complementary medicines and therapies above. Exclusions apply to some Chinese medicines as detailed in the General exclusions section.	
PRESCRIBED MEDICINES AND DRESSINGS	
Medicines and dressings prescribed by <b>your medical practitioner</b> , required to treat a disease, illness or injury.	Paid in full*
Note: this benefit does not include costs for complementary medicine prescribed or administered, as these are paid under the benefit above.	

BENEFIT AND EXPLANATION	LIMITS
DURABLE MEDICAL EQUIPMENT	
Durable medical equipment that:	
<ul><li>can be used more than once</li><li>is not disposable</li></ul>	
<ul><li>is not disposable</li><li>is used to serve a medical purpose</li></ul>	Paid in full*
<ul> <li>is not used in the absence of a disease, illness or injury and</li> <li>is fit for use in the home</li> </ul>	
For example oxygen supplies or wheelchairs.	
DIETETIC GUIDANCE	
<b>We</b> pay for consultations with a <b>dietician</b> , required for dietary advice relating to a diagnosed disease or illness, such as diabetes.	Up to 4 visits each <b>policy</b> year
PREVENTIVE TREATMENT	
HEALTH SCREENING AND WELLNESS (WAITING PERIOD 10 MONTHS)	
Once <b>you</b> have been covered on this <b>health plan</b> for 10 months.	
A health screen generally includes various routine tests performed to assess <b>your</b> state of health and could include tests to check cholesterol and blood sugar (glucose) levels, liver	Up to USD 1,500 or HKD
and kidney function tests, a blood pressure check, and a cardiac risk assessment. <b>You</b> may	11,700 each <b>policy year</b>
also have the specific screening tests for breast, cervical, prostate, colorectal cancer or bone densitometry. The actual tests <b>you</b> have will depend on those supplied by the <b>benefits</b>	
provider where you have your screening.	
VACCINATIONS	
The following are covered:	
o vaccinations which are recommended as part of the national childhood immunisation	
programme in the country of residency  human papilloma virus (HPV) vaccination to protect against cervical cancer	Up to USD 1,500 or HKD
influenza (seasonal flu) vaccination	11,700 each <b>policy year</b>
<ul><li>travel vaccinations</li><li>anti-malarial medicines</li></ul>	
pneumococcal vaccinations	
EYE TEST	
One eye test each <b>policy year</b> , which includes the cost of <b>your</b> consultation and	Paid in full 1 test each policy year
sight/vision testing.	rtest each policy year
PREVENTIVE DENTAL (WAITING PERIOD 6 MONTHS)	
Once <b>you</b> have been covered on this <b>health plan</b> for 6 months:	2.11.611
• two check-ups/exams each <b>policy year</b>	Paid in full 2 visits each policy year
<ul><li>X-rays/bitewing/single view/Orthopantomogram (OPG)</li><li>scale and polish/tooth cleaning</li></ul>	, , , , , , , , , , , , , , , , , , ,
gum shield/mouth guard	
DENTAL TREATMENT AND HEARING AIDS/OPTICAL	
ACCIDENT RELATED DENTAL TREATMENT	
We pay for accident-related dental <b>treatment</b> that <b>you</b> receive from a dental practitioner	Up to USD 4,000 or HKD
for <b>treatment</b> during an <b>emergency</b> visit following accidental damage to any tooth. Until <b>you</b> have been covered on this <b>health plan</b> for 6 months <b>we</b> only pay any accident related	31,200 each policy year
dental <b>treatment</b> taking place up to 30 days after the accident.	

BENEFIT AND EXPLANATION	LIMITS
HEARING AIDS	
Costs for prescribed hearing aids.	
MAJOR RESTORATIVE (WAITING PERIOD 6 MONTHS)	-
Once <b>you</b> have been covered on this <b>health plan</b> for 6 months: bridges crowns dental implants dentures	
ORTHODONTICS (WAITING PERIOD 12 MONTHS)	_
Once <b>you</b> have been covered on this <b>health plan</b> for 12 months, orthodontic <b>treatment</b> up to the age of 19:	
<ul> <li>removal of deciduous/baby teeth/milk teeth/primary teeth</li> <li>treatment planning</li> </ul>	Dlagga sag provious paga
<ul> <li>removal of deciduous/baby teeth/milk teeth/primary teeth</li> <li>treatment planning</li> <li>models/gum impressions</li> <li>extractions</li> </ul>	Please see previous page for shared limit.
<ul> <li>removal of deciduous/baby teeth/milk teeth/primary teeth</li> <li>treatment planning</li> <li>models/gum impressions</li> </ul>	
<ul> <li>removal of deciduous/baby teeth/milk teeth/primary teeth</li> <li>treatment planning</li> <li>models/gum impressions</li> <li>extractions</li> <li>anaesthesia</li> <li>X-rays including single/bitewing/periapical (root X-ray)/full-mouth X-rays/</li> </ul>	
<ul> <li>removal of deciduous/baby teeth/milk teeth/primary teeth</li> <li>treatment planning</li> <li>models/gum impressions</li> <li>extractions</li> <li>anaesthesia</li> <li>X-rays including single/bitewing/periapical (root X-ray)/full-mouth X-rays/ Orthopantomogram (OPG) and Cephalometric (CEPH)</li> <li>digital photography, and</li> </ul>	

## IN-PATIENT CARE: FOR ALL IN-PATIENT AND DAY-PATIENT TREATMENT COSTS

Spectacle and contact lenses which are prescribed to correct a sight/vision problem such as

Your chosen deductible applies to all the following benefits.

SPECTACLE FRAMES AND LENSES AND CONTACT LENSES

Please see **your** insurance certificate for details of the **deductible** that applies to **your in-patient** and **day-patient** benefits.

#### **HOSPITAL** ACCOMMODATION, ROOM AND BOARD

#### When:

short or long sight.

- there is a medical need to stay in **hospital**
- the **treatment** is given or managed by a **specialist**, and
- the length of **your** stay is medically appropriate

**We** will not pay the extra costs of a deluxe, executive or VIP suite. If the cost of **treatment** is linked to the type of room, **we** pay the cost of **treatment** at the rate which would be charged if **you** occupied a room type appropriate for **your** level of cover.

For **in-patient** stays of 5 nights or more, **you** or **your specialist** must send **us** a medical report before the fifth night, confirming **your** diagnosis, **treatment** already given, **treatment** planned and discharge date.

**We** will also pay up to USD 17 or HKD 130 each day for personal expenses such as newspapers, television rental and guest meals when **you** have had to stay overnight in **hospital**.

Paid in full Standard private room

BENEFIT AND EXPLANATION	LIMITS
PARENT ACCOMMODATION IN <b>HOSPITAL</b>	
Room and board costs for a parent staying in <b>hospital</b> with their child when the costs are for one parent only, <b>you</b> are staying with a child up to 18 years old and the child is insured and receiving <b>treatment</b> that is covered.	Paid in full
OPERATING ROOM, MEDICINES AND SURGICAL DRESSINGS	
Costs of the:	
<ul> <li>operating room</li> <li>recovery room</li> <li>medicines and dressings used in the operating or recovery room</li> <li>medicines and dressings used during your hospital stay</li> </ul>	Paid in full
INTENSIVE CARE	
Costs for <b>treatment</b> in an <b>intensive care</b> unit when it is <b>medically necessary</b> or an essential part of <b>treatment</b> .	Paid in full
SURGERY, INCLUDING SURGEONS' AND ANAESTHETISTS' FEES	
Surgery, including surgeons' and anaesthetists' fees, as well as <b>treatment</b> needed immediately before and after the surgery on the same day.	Paid in full
SPECIALISTS' CONSULTATION FEES	-
When <b>you</b> require medical <b>treatment</b> during <b>your</b> stay in <b>hospital</b> .	
PATHOLOGY, RADIOLOGY AND <b>DIAGNOSTIC TESTS</b> :	
<ul><li>pathology such as blood test(s)</li></ul>	
<ul> <li>radiology such as ultrasound or X-ray(s)</li> <li>diagnostic tests such as electrocardiograms (ECGs)</li> </ul>	Paid in full
when recommended by <b>your specialist</b> to help diagnose or assess <b>your</b> condition when <b>you</b> are in <b>hospital</b> .	
MENTAL HEALTH	
<b>Mental health treatment</b> , where it is <b>medically necessary</b> for <b>you</b> to be treated as a <b>day-patient</b> or <b>in-patient</b> to include room, board and all <b>treatment</b> costs related to the mental health condition.	Paid in full
Any <b>mental health treatment</b> overnight in <b>hospital</b> and as a <b>day-patient</b> for 5 days or more will need pre-authorisation. Benefit will not be paid unless pre-authorisation has been provided.	
PHYSIOTHERAPISTS, OCCUPATIONAL THERAPISTS, SPEECH THERAPISTS AND DIETICIANS	
Treatment provided by therapists (such as occupational therapists), physiotherapy and dietician or speech therapy if it is needed as part of your treatment in hospital, meaning this is not the sole reason for your hospital stay.	Paid in full

BENEFIT AND EXPLANATION	LIMITS
OBESITY SURGERY (WAITING PERIOD OF 24 MONTHS)	
Once <b>you</b> have been covered on this <b>health plan</b> for 24 months, <b>we</b> may pay, subject to <b>Bupa Global's</b> medical <b>policy</b> criteria, for bariatric surgery, if <b>you</b> :	
<ul> <li>have a body mass index (BMI) of 40 or over and have been diagnosed as being morbidly obese</li> <li>can provide documented evidence of other methods of weight loss which have been</li> </ul>	
tried over the past 24 months and  have been through a psychological assessment which has confirmed that it is appropriate for <b>you</b> to undergo the procedure	Paid in full
The bariatric surgery technique needs to be evaluated by <b>our</b> medical teams and is subject to <b>Bupa Global's</b> medical <b>policy</b> criteria.	
In some cases, <b>you</b> may qualify for weight-loss surgery if <b>your</b> BMI is between 35 and 40 and <b>you</b> have a serious weight-related health problem, such as type 2 diabetes. The decision for <b>Bupa Global</b> to cover this will be entirely made by <b>our</b> medical teams.	
Please contact <b>us</b> for pre-authorisation before proceeding with <b>treatment</b> . Benefit may not be paid unless pre-authorisation has been provided.	
PROPHYLACTIC SURGERY	
We may pay depending on <b>Bupa Global's</b> medical <b>policy</b> criteria, for example, a mastectomy when there is a significant family history and/or <b>you</b> have a positive result from genetic testing.	Paid in full
Please contact <b>us</b> for pre-authorisation before proceeding with <b>treatment</b> . Benefit may not be paid unless pre-authorisation has been provided.	
PROSTHETIC DEVICES	
The initial prosthetic device needed as part of <b>your treatment</b> . By this <b>we</b> mean an external artificial body part, such as a prosthetic limb or prosthetic ear which is required at the time of <b>your</b> surgical procedure.	Per device up to USD 6,000
<b>We</b> do not pay for any regular maintenance or replacement prosthetic devices for adults including any replacement devices or regular maintenance needed for a <b>pre-existing condition</b> . <b>We</b> will pay for the initial and up to two replacements per device for children under the age of 18.	or HKD 46,800
PROSTHETIC IMPLANTS AND APPLIANCES	
Eligible prosthetic implants and appliances shown in the following lists.	
Prosthetic implants:	
to replace a joint or ligament     to replace a heart valve	
<ul><li>to replace a heart valve</li><li>to replace an aorta or an arterial blood vessel</li></ul>	
<ul> <li>to replace a sphincter muscle</li> <li>to replace the lens or cornea of the eye</li> </ul>	
to replace the lens of cornea of the eye     to control urinary incontinence or bladder control	
<ul> <li>to act as a heart pacemaker (internal cardiac defibrillator may be available subject to Bupa Global's medical policy criteria. Please contact us for pre-authorisation)</li> </ul>	Paid in full
<ul> <li>to remove excess fluid from the brain</li> </ul>	
<ul> <li>cochlear implant – provided the initial implant was provided when you were under the age of five, we will pay ongoing maintenance and replacements</li> </ul>	
<ul> <li>to restore vocal function following surgery for cancer</li> </ul>	
Appliances:	
Appliances:  • a knee brace which is an essential part of a <b>surgical operation</b> for the repair to a	
Appliances:	

BENEFIT AND EXPLANATION	LIMITS
RECONSTRUCTIVE SURGERY	
<b>Treatment</b> to restore <b>your</b> appearance after an illness, injury or surgery. <b>We</b> may pay for surgery when the original illness, injury or surgery and the reconstructive surgery take place during <b>your</b> current continuous cover.	Paid in full
Please contact <b>us</b> for pre-authorisation before proceeding with <b>treatment</b> . Benefit may not be paid unless pre-authorisation has been provided.	
ACCIDENT RELATED DENTAL TREATMENT	Paid in full
We pay for dental <b>treatment</b> that is required in <b>hospital</b> after a serious accident.	Pala III Tuli
IN-PATIENT HOSPITAL CASH BENEFIT	
We pay in-patient hospital cash benefit if you:	Up to 20 nights each
<ul> <li>have been treated in a public hospital in Hong Kong</li> </ul>	policy year, up to USD 250 or HKD 1,950 per night
<ul> <li>have received in-patient treatment in hospital which is covered under this plan</li> </ul>	
• have received <b>in-patient treatment</b> in <b>hospital</b> which is covered under this plan	
<ul> <li>have received in-patient treatment in hospital which is covered under this plan</li> <li>whether or not you have been charged for your room, board and treatment.</li> </ul>	
<ul> <li>have received in-patient treatment in hospital which is covered under this plan</li> <li>whether or not you have been charged for your room, board and treatment.</li> <li>HOSPICE AND REHABILITATION</li> </ul>	
<ul> <li>have received in-patient treatment in hospital which is covered under this plan whether or not you have been charged for your room, board and treatment.</li> <li>HOSPICE AND REHABILITATION</li> <li>HOME NURSING</li> <li>Following treatment in hospital which is covered under this health plan, when it:         <ul> <li>is prescribed by your specialist</li> <li>starts immediately after you leave hospital</li> <li>reduces the length of your stay in hospital</li> <li>is provided by a qualified nurse in your home and</li> <li>is needed to provide medical care, not personal assistance</li> </ul> </li> <li>Please contact us for pre-authorisation before proceeding with treatment. Benefit may not</li> </ul>	Paid in full Up to 30 days each policy year
<ul> <li>have received in-patient treatment in hospital which is covered under this plan whether or not you have been charged for your room, board and treatment.</li> <li>HOSPICE AND REHABILITATION</li> <li>HOME NURSING</li> <li>Following treatment in hospital which is covered under this health plan, when it:         <ul> <li>is prescribed by your specialist</li> <li>starts immediately after you leave hospital</li> <li>reduces the length of your stay in hospital</li> <li>is provided by a qualified nurse in your home and</li> <li>is needed to provide medical care, not personal assistance</li> </ul> </li> <li>Please contact us for pre-authorisation before proceeding with treatment. Benefit may not be paid unless pre-authorisation has been provided.</li> </ul>	Paid in full Up to 30 days each <b>policy</b>
<ul> <li>have received in-patient treatment in hospital which is covered under this plan whether or not you have been charged for your room, board and treatment.</li> <li>HOSPICE AND REHABILITATION</li> <li>HOME NURSING</li> <li>Following treatment in hospital which is covered under this health plan, when it:         <ul> <li>is prescribed by your specialist</li> <li>starts immediately after you leave hospital</li> <li>reduces the length of your stay in hospital</li> <li>is provided by a qualified nurse in your home and</li> <li>is needed to provide medical care, not personal assistance</li> </ul> </li> <li>Please contact us for pre-authorisation before proceeding with treatment. Benefit may not</li> </ul>	Paid in full Up to 30 days each <b>policy</b>

BENEFIT AND EXPLANATION	LIMITS
REHABILITATION (MULTIDISCIPLINARY REHABILITATION)	
<b>We</b> pay for <b>rehabilitation</b> , including room, board and a combination of therapies such as physical, occupational and speech therapy after an event such as a stroke. <b>We</b> do not pay for room and board for <b>rehabilitation</b> when the <b>treatment</b> being given is solely physiotherapy.	Paid in full
We pay for rehabilitation only when you have received our pre-authorisation before the treatment starts, for up to 60 days treatment per policy year. For treatment in hospital one day is each overnight stay and for day-patient and out-patient treatment one day is counted as any day on which you have one or more appointments for rehabilitation treatment.	
We only pay for multidisciplinary rehabilitation where it:	Up to 60 days each <b>policy</b>
<ul> <li>starts within 30 days after the end of your treatment in hospital for a condition which is covered by your health plan (such as trauma or stroke), and</li> <li>arises as a result of the condition which required the hospitalisation or is needed as a result of such treatment given for that condition</li> </ul>	year
Note: in order to give pre-authorisation, <b>we</b> must receive full clinical details from <b>your</b> specialist; including your diagnosis, treatment given and planned and proposed discharg date if you stayed in hospital to receive rehabilitation.	е
Please contact <b>us</b> for pre-authorisation before proceeding with <b>treatment</b> . Benefit may not be paid unless pre-authorisation has been provided.	
IN-PATIENT AND/OR OUT-PATIENT CARE	
ADVANCED IMAGING	
<ul> <li>magnetic resonance imaging (MRI)</li> <li>computed tomography (CT)</li> <li>positron emission tomography (PET)</li> </ul>	Paid in full
when recommended by <b>your specialist</b> to help diagnose or assess <b>your</b> condition.	
CANCER <b>TREATMENT</b>	
If <b>you</b> are diagnosed with cancer, <b>we</b> will pay for costs related specifically to planning and carrying out <b>treatment</b> for the cancer. This Includes:	
surgery (including any prostheses needed)	
<ul> <li>specialists' fees</li> <li>diagnostic tests</li> </ul>	
<ul> <li>consultations with a specialist</li> <li>chemotherapy</li> </ul>	
o radiotherapy	
<ul> <li>treatment you need to relieve the side effects of cancer treatment</li> <li>examples include antibiotics, anti-sickness drugs, pain relief, blood transfusions, cold cap treatment needed as a result of cancer treatment.</li> <li>bone marrow and peripheral blood stem cell transplants (see the 'transplant services'</li> </ul>	Paid in full
benefit for details of what <b>we</b> cover)  one wig	
<ul> <li>consultations and diagnostic tests to monitor your condition after your cancer treatment has finished and you are still under the care of your cancer specialist</li> </ul>	
<b>We</b> will also pay for <b>you</b> to have a chemotherapy at home where this is possible.	
Please contact <b>us</b> for pre-authorisation before proceeding with <b>treatment</b> . Benefit may not be paid unless pre-authorisation has been provided.	

BENEFIT AND EXPLANATION	LIMITS
ADVANCED THERAPY MEDICINAL PRODUCTS (ATMPS)	Paid in full, one course of <b>treatment</b> for each condition per lifetime
We pay for ATMP treatment if it is:	
<ul> <li>administered by a specialist in the country where you receive it, and;</li> <li>approved by the licensing authority in the country where you receive it, for your condition, stage of disease and stage of treatment that you have, and;</li> <li>endorsed by an independent specialist appointed by Bupa Global who confirms it:         <ul> <li>as medically appropriate, based on established medical practice, or</li> <li>is provided under a registered and ethically approved study (in this case we will not apply the 'experimental or unproven treatment' exclusion).</li> </ul> </li> </ul>	
Please contact <b>us</b> for pre-authorisation before proceeding with <b>treatment</b> . Benefit may not be paid unless pre-authorisation has been provided.	
TRANSPLANT SERVICES	
All medical expenses, including consultations with a <b>doctor</b> or <b>specialist</b> and medical <b>treatments</b> whether staying in <b>hospital</b> overnight, as a <b>day-patient</b> or an <b>out-patient</b> for the following transplants, if the organ has come from a relative or a certified and verified source of donation:  • cornea  • small bowel	
<ul><li>kidney</li><li>kidney/pancreas</li><li>liver</li></ul>	
• heart	
<ul><li>lung, or</li><li>heart/lung transplant</li></ul>	Each condition up to USD 900,000 or HKD 7,020,000
Costs for anti-rejection medicines and medical expenses for bone marrow transplants and peripheral stem cell transplants, with or without high dose chemotherapy when treating cancer, are covered under the cancer <b>treatment</b> benefit.	900,000 or HkD 7,020,000
Donor expenses, for each condition needing a transplant whether the donor is insured or not, including:	
<ul> <li>the harvesting of the organ, whether from a live or deceased donor</li> <li>all tissue matching fees</li> <li>hospital/operation costs of the donor, and</li> </ul>	
any donor complications, but to a maximum of 30 days post-operatively only	
Please contact <b>us</b> for pre-authorisation before proceeding with <b>treatment</b> . Benefit may not be paid unless pre-authorisation has been provided.	
KIDNEY DIALYSIS	
Provided as an <b>in-patient</b> , <b>day-patient</b> or as an <b>out-patient</b> .	Paid in full

### MATERNITY/CHILDBIRTH (18 MONTH WAITING PERIOD):

Pregnancy and childbirth after the mother has been covered on this **health plan** for 18 months including pregnancy and childbirth complications.

**Treatment** for conditions such as hydatiform mole and ectopic pregnancy and other conditions arising from pregnancy or childbirth which could also develop in people who are not pregnant are not covered from the maternity/childbirth benefit but will be covered under **your** other benefits, for example, **out-patient** day to day care or **in-patient** care.

Please contact **us** for pre-authorisation before proceeding with **treatment**. Benefit may not be paid unless pre-authorisation has been provided.

BENEFIT AND EXPLANATION	LIMITS
NORMAL DELIVERY/BIRTHING CENTRE/HOME DELIVERY (18 MONTH WAITING PERIOD):	
Maternity <b>treatment</b> and childbirth, including:	Un to UCD 15 000 or UVD
<ul> <li>hospital charges, obstetricians and midwives fees for normal childbirth</li> <li>post-natal care required by the mother immediately following normal childbirth, such as stitches</li> <li>up to 7 days' routine care for the baby</li> </ul>	Up to USD 15,000 or HKD 117,000 each <b>policy year</b>
CAESAREAN SECTION (18 MONTH WAITING PERIOD)	
<b>Hospital</b> , obstetricians' and other medical fees for the cost of the delivery of <b>your</b> baby by Caesarean section, when it is medically essential for a Caesarean section for example as a result of non-progression during labour (for example dystocia, foetal distress, haemorrhage).	Up to USD 30,000 or HKD 234,000 each <b>policy year</b>
Note: if <b>we</b> are unable to determine that <b>your</b> Caesarean section was medically essential, it will be paid from <b>your</b> normal delivery benefit limit.	
PRE- AND POST-NATAL <b>TREATMENT</b> (18 MONTH WAITING PERIOD)	Covered under <b>out-</b>
Maternity care and <b>treatment</b> before and after the birth.	patient day to day care
COMPLICATIONS OF MATERNITY AND CHILDBIRTH	
<b>Treatment</b> which is <b>medically necessary</b> as a direct result of pregnancy and childbirth complications.	
By complications <b>we</b> mean those conditions which only ever arise as a direct result of pregnancy or childbirth for example pre-eclampsia, threatened miscarriage, gestational diabetes, still birth.	Paid in full
This benefit is subject to <b>Bupa Global's</b> medical <b>policy</b> criteria. Please contact <b>us</b> for preauthorisation where possible. If <b>you</b> require an <b>emergency</b> admission as a direct result of pregnancy and childbirth complications, please contact <b>us</b> within 48 hours of <b>your</b> admission.	
NEWBORN CARE	
If <b>your</b> newborn is added to the <b>policy</b> , all eligible <b>treatment</b> (including routine preventive care, check-ups and immunisations) needed for a newborn during the first 90 days' following birth shall be covered by this newborn care benefit.	Up to USD 31,250 or HKD 243,750 maximum
The newborn care benefit is paid instead of any other benefit.	benefit for all <b>treatment</b> received during the first 90
Newborn children must have their own membership and must be registered on a <b>Bupa Global</b> plan before this benefit can be claimed.	days following birth each policy year
Please contact ${f us}$ for pre-authorisation before proceeding with ${f treatment}$ . Benefit may not be paid unless pre-authorisation has been provided.	

BENEFIT AND EXPLANATION	LIMITS

# TRANSPORTATION/TRAVEL

Evacuation covers **you** for reasonable transport costs to the nearest appropriate place of **treatment**, when the **treatment you** need is not available nearby. Repatriation gives **you** the added option of returning to **your specified country of residence** or **specified country of nationality**, to be treated in familiar surroundings, when the **treatment you** need is not available nearby.

For all medical transfers, either evacuation or repatriation:

- you must contact us for pre-authorisation before you travel
- the treatment must be recommended by your specialist or doctor
- the treatment is not available locally
- the **treatment** must be covered under **your health plan**
- we must agree the arrangements with you, and
- benefit is applicable for hospital treatment, either overnight or as a day-patient

Please contact **us** for pre-authorisation before proceeding with **treatment**. Benefit may not be paid unless pre-authorisation has been provided.

Evacuation may also be authorised if **you** need advanced imaging or cancer **treatment** such as radiotherapy or chemotherapy.

We will only pay if all arrangements are agreed and approved in advance by **Bupa Global**. Should **you** arrange transportation covered under the **health plan** yourself **we** shall only compensate **your** expenses to the equivalent cost if **we** had arranged **your** transportation.

#### Note:

- **we** do not pay for extra nights in **hospital** when **you** are no longer receiving **active treatment** which requires **you** to be hospitalised, for example when **you** are awaiting **your** return flight.
- we will not approve a transfer which in our reasonable opinion is inappropriate based on established clinical and medical practice, and we are entitled to conduct a review of your case, when it is reasonable for us to do so.
   Evacuation or repatriation will not be authorised if it is against the advice of the Bupa Global medical team.
- we will not arrange evacuation or repatriation in cases where the local situation, including geography, makes it
  impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone.
  Such intervention depends upon and is subject to local and/or international resource availability and must remain within
  the scope of national and international law and regulations. Interventions may depend on the attainment of necessary
  authorisations issued by the various authorities concerned, which may be outside of the reasonable control or influence
  of Bupa Global or our service partners.
- **we** cannot be held liable for any delays or restrictions in connection with the transportation caused by weather conditions, mechanical problems, restrictions imposed by public authorities or by the pilot or any other condition beyond **our** control.
- Bupa Global is not the provider of the transportation and other services set out in the transportation/travel section, but will arrange those services on your behalf. In some countries we may use service partners to arrange these services locally, but Bupa Global will always be here to support you.

#### **EVACUATION**

Transport costs for an evacuation:

- to the nearest appropriate place where the required **treatment** is available. (This could be to another part of the country that **you** are in or to another country), and
- for the return journey to the place **you** were transferred from

When this is authorised in advance by us.

The costs **we** pay for the return journey will be either:

- the reasonable cost of the return journey by land or sea, or
- the cost of an economy class air ticket whichever is the lesser amount

**We** do not pay any other costs related to the evacuation such as travel costs or hotel accommodation. In some cases, it may be more appropriate for **you** to travel to the airport by taxi, than other means of transport, such as an ambulance. In these cases, and if approved in advance, **we** will pay for taxi fares.

Paid in full

BENEFIT AND EXPLANATION	LIMITS
REPATRIATION	
Transport costs for a repatriation:	
<ul> <li>to your specified country of nationality as given on your application form, or your specified country of residence, and</li> <li>the return journey to the place you were transferred from when:</li> <li>this is authorised in advance by Bupa Global</li> </ul>	
The costs <b>we</b> pay for the return journey will be either:	
<ul> <li>the reasonable cost of the return journey by land or sea, or</li> <li>the cost of an economy class air ticket whichever is the lesser amount</li> </ul>	Paid in full
<b>We</b> do not pay any other costs related to the repatriation such as travel costs or hotel accommodation.	
In some cases, it may be more appropriate for <b>you</b> to travel to the airport by taxi, than other means of transport, such as an ambulance. In these cases, and if approved in advance, <b>we</b> will pay for taxi fares.	
In some cases <b>you</b> may request a medical repatriation when contacting <b>Bupa Global</b> for authorisation, but this may not be medically appropriate. In these cases, <b>we</b> will first evacuate <b>you</b> to the nearest appropriate place where <b>treatment</b> is available. Once <b>you</b> have been stabilised, <b>we</b> may then repatriate <b>you</b> to <b>your specified country of nationality</b> or <b>your specified country of residence</b> .	
TRAVEL COST FOR AN ACCOMPANYING PERSON	
Reasonable travel costs for a close relative (spouse/partner, parent, child, brother or sister) to accompany <b>you</b> if there is a reasonable need for <b>you</b> to be accompanied. By 'reasonable need' <b>we</b> mean that <b>you</b> need someone to accompany <b>you</b> for one of the following reasons:	
<ul> <li>you need assistance to board or disembark from transport</li> <li>you need to be transferred over a long distance (over at least 1000 miles or 1600 KM)</li> <li>there is no medical escort</li> <li>in the case of serious acute illness</li> </ul>	Paid in full
The accompanying person may travel in a different class from the person receiving <b>treatment</b> depending on medical requirements.	
Reasonable travel costs for the return journey to the place <b>you</b> were transferred from when this is authorised in advance by <b>Bupa Global</b> .	
The costs <b>we</b> pay for the return journey will be either:	
<ul> <li>the reasonable cost of the return journey by land or sea, or</li> <li>the cost of an economy air ticket whichever is the lesser amount</li> </ul>	
<b>We</b> do not pay for someone to travel with <b>you</b> when the evacuation is for <b>you</b> to receive <b>out-patient treatment</b> .	
TRAVEL COST FOR THE TRANSFER OF CHILDREN	
Reasonable travel costs for children to be transferred with <b>you</b> in the event of an evacuation	
or repatriation, provided they are under the age of 10 when	
or repatriation, provided they are under the age of 18 when:	Paid in full
<ul> <li>it is medically necessary for you as their parent or guardian to be evacuated or repatriated</li> </ul>	Paid in full

	LIMITS
COMPASSIONATE VISIT TRANSPORT COSTS AND COMPASSIONATE VISIT LIVING ALLOWANCE	
The cost of economy class travel costs for a close relative (spouse/partner, parent, child, brother or sister) who is in another country to visit when <b>you</b> have a sudden accident or illness and are going to be hospitalised for at least five days or <b>you</b> have received a short-term terminal prognosis. This includes economy class costs of <b>your</b> relative's return journey to their home country. This benefit is only paid when authorised in advance by <b>Bupa Global</b> .	Visit and return: 5 trips per lifetime USD 1,500 or HKD 11,700 per trip
For:	
<ul> <li>a maximum of five trips per lifetime</li> <li>only when authorised in advance by Bupa Global</li> </ul>	Visit living allowance: USD 150 or HKD 1,170 per day
Costs towards living expenses for <b>your</b> relative:	Up to 10 days each <b>policy</b>
<ul> <li>following an eligible compassionate visit only, and</li> <li>for up to 10 days whilst away from their usual specified country of residence</li> </ul>	year
This benefit is not paid when either an evacuation or repatriation has taken place. In the event of an evacuation or repatriation taking place during a compassionate visit, no further benefits as described in notes 'Travel cost for an accompanying person', 'Travel cost for the transfer of children' or 'Living allowance' will be payable.	
LIVING ALLOWANCE	
Costs towards living expenses for a relative (spouse/partner, parent, child, brother or sister) who is authorised to travel with <b>you</b> :	10 1
<ul> <li>following an evacuation, and</li> <li>for up to 10 days, or your date of discharge whichever is the earlier, whilst away from their usual specified country of residence</li> </ul>	10 days each <b>policy year</b> up to USD 150 or HKD 1,170 per day
We do not pay for someone to travel with <b>you</b> when evacuation is for <b>out-patient</b> treatment only.	
LOCAL AIR AMBULANCE:	
<ul> <li>from the location of an accident to a hospital, or</li> <li>for a transfer from one hospital to another</li> </ul>	
for a transfer from one <b>hospital</b> to another	Paid in full
<ul> <li>for a transfer from one hospital to another</li> <li>When a local air ambulance is:</li> <li>medically necessary</li> <li>used for short distances of up to 100 miles/160 KM, and</li> </ul>	Paid in full
<ul> <li>for a transfer from one hospital to another</li> <li>When a local air ambulance is:</li> <li>medically necessary</li> <li>used for short distances of up to 100 miles/160 KM, and</li> <li>related to treatment that is covered that you need to receive in hospital</li> <li>A local air ambulance may not always be available in cases where the local situation makes it impossible, unreasonably dangerous or impractical to enter the area, for example from an oil</li> </ul>	Paid in full
<ul> <li>for a transfer from one hospital to another</li> <li>When a local air ambulance is:</li> <li>medically necessary</li> <li>used for short distances of up to 100 miles/160 KM, and</li> <li>related to treatment that is covered that you need to receive in hospital</li> <li>A local air ambulance may not always be available in cases where the local situation makes it impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone. We do not pay for mountain rescue.</li> </ul>	
<ul> <li>for a transfer from one hospital to another</li> <li>When a local air ambulance is:</li> <li>medically necessary</li> <li>used for short distances of up to 100 miles/160 KM, and</li> <li>related to treatment that is covered that you need to receive in hospital</li> <li>A local air ambulance may not always be available in cases where the local situation makes it impossible, unreasonably dangerous or impractical to enter the area, for example from an oil rig or within a war zone. We do not pay for mountain rescue.</li> <li>LOCAL ROAD AMBULANCE:</li> <li>from the location of an accident to a hospital</li> <li>for a transfer from one hospital to another, or</li> </ul>	Paid in full

BENEFIT AND EXPLANATION	LIMITS	
REPATRIATION OF MORTAL REMAINS		
Reasonable costs for the transportation of <b>your</b> body or cremated mortal remains to <b>your</b> home country or to <b>your specified country of residence</b> :		
<ul> <li>in the event of your death while you are away from home, and</li> <li>subject to airline requirements and restrictions</li> </ul>	Paid in full	
<b>We</b> will only pay statutory arrangements, such as cremation and an urn or embalming and a zinc coffin, if this is required by the airline authorities to carry out the transportation.		
<b>We</b> do not pay for any other costs related to the burial or cremation, the cost of burial caskets or the transport costs for someone to collect or accompany <b>your</b> mortal remains.		

# YOUR EXCLUSIONS

In the 'General exclusions' section below, **we** list specific **treatments**, conditions and situations that **we** do not cover as part of **your health plan**. In addition to these **you** may have personal exclusions or restrictions that apply to **your health plan**, as shown on **your** insurance certificate.

#### Do you have cover for pre-existing conditions?

When **you** applied for **your health plan you** were asked to provide all information about any disease, illness or injury for which **you** received medication, advice or **treatment**, or **you** had experienced symptoms before **you** became a customer - **we** call these **pre-existing conditions**.

Our medical team reviewed your medical history to decide the terms on which we offered you this health plan. We may have offered to cover any pre-existing conditions, possibly for an extra premium, or decided to exclude specific pre-existing conditions or apply other restrictions to your health plan. If we have applied any personal exclusion or other restrictions to your health plan, this will be shown on your insurance certificate. This means we will not cover costs for treatment of this pre-existing condition, related symptoms, or any condition that results from or is related to this pre-existing condition. Also we will not cover any pre-existing conditions that you did not disclose in your application.

If we have not applied a personal exclusion or restriction to your insurance certificate, this means that any pre-existing conditions that you told us about in your application are covered under your health plan.

#### General exclusions

The exclusions in this section apply in addition to and alongside any personal exclusions and restrictions explained above

For all exclusions in this section, and for any personal exclusions or restrictions shown on **your** insurance certificate, **we** do not pay for conditions which are directly related to:

- excluded conditions or treatments
- additional or increased costs arising from excluded conditions or treatments
- complications arising from excluded conditions or treatments

#### Important note

Our global health plans are non-U.S. insurance products and accordingly are not designed to meet the requirements of the U.S. Patient Protection and Affordable Care Act (the Affordable Care Act). **Our** plans may not qualify as minimum essential coverage or meet the requirements of the individual mandate for the purposes of the Affordable Care Act, and **we** are unable to provide tax reporting on behalf of those U.S. taxpayers and other persons who may be subject to it. The provisions of the Affordable Care Act are complex and whether or not you or your dependants are subject to its requirements will depend on a number of factors. **You** should consult an independent professional financial or tax advisor for guidance. For customers whose coverage is provided under a group health plan, you should speak to your health plan administrator for more information.

Please note that, should **you** choose to have **treatment** or services with a benefit provider who is not part of **network**, **we** will only cover costs that are **Reasonable and Customary**. Other rules may apply in respect of **covered benefits** received from an 'out-of-**network**' benefit provider in certain specific countries. This applies whether **we** pay the benefit provider directly, or **you** pay the costs and claim this back from **us**.

GENERAL EXCLUSIONS	
Administration / registration fees	Administration and/or registration fees (unless <b>we</b> , at <b>our</b> reasonable discretion, deem that such fees are proper and usual, accepted practice in the relevant country).
Advance payments / deposits	Advance payments and/or deposits towards the costs of any <b>covered benefits</b> .
Antenatal classes	<b>We</b> will not pay for antenatal classes from <b>your</b> maternity benefits or any other benefits.

Artificial life maintenance	We will not pay for artificial life maintenance for more than 90 days - including mechanical ventilation, where such treatment will not or is not expected to result in your recovery or restore you to your previous state of health. Example: We will not pay for artificial life maintenance when you are unable to feed and breathe independently and require percutaneous endoscopic gastrostomy (PEG) or nasal feeding for a period of more than 90 days.
Birth control	Contraception, sterilisation, vasectomy, termination of pregnancy (unless there is a threat to the mother's health), family planning, such as meeting <b>your doctor</b> to discuss becoming pregnant or contraception.
Chinese medicine	Any of the following traditional Chinese medicines: cordyceps; ganoderma; antler; cubilose; donkey-hide gelatin; hippocampus; ginseng; red ginseng; American Ginseng; Radix Ginseng Silvestris; antelope horn powder; placenta hominis; Agaricus blazei murill; musk; and pearl powder, rhinoceros horn and substances from Asian Elephant, Sun Bear, and Tiger or other endangered species.
Conflict and disaster	We shall not be liable for any claims which concern, are due to or are incurred as a result of treatment for sickness or injuries directly or indirectly caused by you putting yourself in danger by entering a known area of conflict (as listed below) and/or if you were an active participant or you have displayed a blatant disregard for your personal safety in a known area of conflict:  o nuclear or chemical contamination o war, invasion, acts of a foreign enemy o civil war, rebellion, revolution, insurrection terrorist acts military or usurped power martial law o civil commotion, riots, or the acts of any lawfully constituted authority hostilities, army, naval or air services operations whether war has been declared or not
Convalescence and admission for treatment that could take place as a day-case or out-patient, general care, or staying in hospital for	<ul> <li>convalescence, pain management, supervision, or</li> <li>receiving only general nursing care, or</li> <li>therapist or complementary therapist services, or</li> <li>domestic/living assistance such as bathing and dressing</li> </ul>
Cosmetic treatment	Non-medically essential surgery and <b>treatment</b> to alter <b>your</b> appearance including abdominoplasty or <b>treatment</b> related to or arising from the removal or addition of non-diseased or surplus or fat tissue is not covered. <b>We</b> do not pay for <b>treatment</b> of keloid scars. <b>We</b> also do not pay for scar revision, even if the scar is causing a functional problem.  Note: If <b>your doctor</b> recommends cosmetic <b>treatment</b> to correct a functional problem, for example, excess eye tissue which is interrupting the visual field, please contact <b>us</b> for pre-authorisation as <b>your</b> case will be assessed according to <b>Bupa Global's</b> medical <b>policy</b> criteria. If approved, benefits will be paid in line with the rules and benefits of <b>your health plan</b> .
Developmental problems	<ul> <li>Treatment for, or related to developmental problems, including:</li> <li>learning difficulties, such as dyslexia</li> <li>developmental problems treated in an educational environment or to support educational development</li> </ul>

Clinical tests, <b>treatments</b> , equipment, medicines, devices or procedures that are considered to be unproven or investigational with regards to safety and efficacy.  This includes:  any test, <b>treatment</b> , equipment, medicine, device or procedure that is not considered to be in standard clinical use but is (or should, in <b>Bupa's</b> reasonable clinical opinion, be) under investigation in clinical trials with respect to its safety and efficacy.  any tests, <b>treatment</b> , equipment, medicine, products or procedures used for purposes other than defined under its licence, unless this has been pre-authorised by <b>Bupa Global</b> in line with its criteria for standard clinical use.  Standard clinical use includes: <b>treatment</b> agreed to be "best" or "good practice" in national or international evidence-based (but not consensus-based) guidelines, such as those produced by NICE (National Institute for Health and Care Excellence) (excluding medicines approved though the UK Cancer Drugs Fund), Royal Colleges or equivalent national <b>specialist</b> bodies in the country of <b>treatment</b> ;
<ul> <li>the conclusions from independent evidence-based health technology assessment or systematic review (e.g. Hayes, CADTH, The Cochrane Collaboration, the NCCN level 1 or Bupa's in-house Clinical Effectiveness team) indicate that the treatment is safe and effective;</li> <li>where the treatment has received full regulatory approval by the licensing authority (e.g. U.S. Food and Drugs Agency (FDA), the European Medicines Agency (EMA), the Saudi Arabia Food and Drug Agency) in the location where the customer has requested treatment, and is duly licensed for the condition and patient population being requested (please note – full regulatory approval would require submission of data to the local licensing agency that adequately demonstrated safety and effectiveness in published phase 3 trials); and/or</li> <li>tests, treatments, equipment, medicines, devices or procedures which are mandated to be made available by the local law or regulation of the country in which treatment is requested.</li> <li>Case studies, case reports, observational studies, editorials, advertorials, letters, conference abstracts and non-peer reviewed published or unpublished studies are not considered appropriate evidence to demonstrate a test, treatment, equipment, medicine, device or procedure should be used</li> </ul>
in standard clinical use.  Where licensing authority approval to market tests, <b>treatment</b> , equipment, medicines, devices or procedures does not, in <b>Bupa's</b> reasonable clinical opinion, demonstrate safety and efficacy, the criteria for standard clinical use shall prevail.
<b>Treatment</b> equipment or surgery to correct eyesight, such as laser <b>treatment</b> , refractive keratotomy (RK) and photorefractive keratotomy (PRK).
Sex changes or gender reassignments.
Genetic tests, when such tests are performed to determine whether or not <b>you</b> may be genetically likely to develop a medical condition.  Example: <b>We</b> do not pay for tests used to determine whether <b>you</b> may develop Alzheimer's disease, when that disease is not present.

Harmful or hazardous use of alcohol, drugs and/or medicines	<b>Treatment</b> for or arising directly or indirectly, from the deliberate, reckless (including where the insured has displayed a blatant disregard for his/her personal safety or acted in a manner inconsistent with medical advice), harmful and/or hazardous use of any substance including alcohol, drugs and/or medicines; and in any event, from the illegal use of any such substance.
Health hydros, nature cure clinics or any establishment that is not a <b>hospital</b>	<b>Treatment</b> or services received in a health hydro, nature cure clinic, spa, or any similar establishment that is not a <b>hospital</b> .
Ineligible medical practitioner, hospital or healthcare facility	<ul> <li>We do not pay for:</li> <li>treatment that you have from a person or at a place if:</li> <li>the relevant local authorities do not recognise them as having specialist knowledge of, or expertise in treating the disease, illness or injury that you need treatment for, or</li> <li>we have told them in writing that we will not pay for treatment they give to anyone covered by our health plans. You can contact us for details of who we have sent written notice to, or visit Facilities Finder at bupaglobal.com/en/facilities/finder</li> <li>treatment you give yourself</li> <li>treatment from anyone who lives with you</li> <li>treatment from a family member.</li> </ul>
Infertility treatment	<ul> <li>in-vitro fertilisation (IVF)</li> <li>gamete intrafallopian transfer (GIFT)</li> <li>zygote intrafallopian transfer (ZIFT)</li> <li>artificial insemination (AI)</li> <li>prescribed drug treatment</li> <li>embryo transport (from one physical location to another), or</li> <li>donor ovum and/or semen and related costs</li> <li>Note: we pay for reasonable investigations into the causes of infertility if:</li> <li>you had not been aware of any problems before joining, and</li> <li>you have been a member of this plan (or any Bupa administered plan which included cover for this type of investigation) for a continuous period of two years before the investigations start</li> <li>Once the cause is confirmed, we will not pay for any additional investigations in the future.</li> </ul>
Mechanical or animal donor organs	Mechanical or animal organs, except where a mechanical appliance is temporarily used to maintain bodily function whilst awaiting transplant, purchase of a donor organ from any source or harvesting or storage of stem cells when a preventive measure against possible future disease.
Obesity and weight management	Treatment for or as a result of obesity and weight management such as:  slimming aids or drugs, or limming classes  Note: we may cover costs associated with obesity surgery as detailed in the 'Table of benefits', subject to Bupa Global's medical policy criteria.
Persistent vegetative state (PVS) and neurological damage	We will not pay for treatment while staying in hospital for more than 90 continuous days for permanent neurological damage or if you are in a persistent vegetative state.