## Your coverage zone

The cover provided by **your policy** is limited to within the **coverage zone** stated on **your certificate of insurance**.

When we use the term 'emergency treatment' throughout this agreement, we mean treatment:

- that is covered by your plan;
- that is immediately required if you suffer an accident, or if you suffer a sudden and unforeseen illness that you have never suffered from before;
- · that is not for a pre-existing medical condition; and
- that is not for a condition for which you have a personal medical exclusion.

Please also note that even if **your policy** gives **you** cover in the USA, **we** do not cover emergency medical evacuations to, from, or within the USA.

#### Zone 1

Worldwide cover, with restricted cover in the USA.

**You** have cover in the USA during **temporary trips** of up to 45 days' duration from the date on which **you** enter the USA.

While in the USA, **you** have cover for **emergency treatment** only up to US\$50,000 or £33,000 or €37,500 per **policy year**.

There's no limit to the number of **temporary trips you** can make to the USA.

#### Additional cover in the USA

If you have the USA cover option, you will see it stated on your certificate of insurance.

#### **USA-45**

You have cover in the USA for temporary trips of up to 45 days' duration from the date on which you enter the country. Your cover ends when a trip exceeds 45 days' duration.

While in the USA, **you** have cover for eligible **treatment** and care up to US\$250,000 per **policy year**. Within this amount, **you** have the following cover:

- up to US\$100,000 for elective, eligible **treatment** and care costs
- up to US\$250,000 for emergency treatment

There's no limit to the number of **temporary trips you** can make to the USA.

# What you're covered for

The following **table of benefits** sets out the cover provided by each **plan**. The **plan you** have is as shown on **your certificate of insurance**. We will pay only for the **treatment** or services stated in the **table of benefits** relating to **your plan**.

Each benefit limit in the **table of benefits** is expressed in US dollars, sterling, and Euros. The currency of the benefit limits that **we** will apply to **your plan** is shown on **your Certificate of Insurance**.

The limits shown in the **table of benefits** are the maximum amounts **we** will pay after the application of any **excess** and **co-insurance**, and will be subject to the annual benefit limit and any other specified applicable benefit limits.

Certain benefits in the **table of benefits** specify a **waiting period**. **You** must be covered by the same **plan** for the full duration of the specified **waiting period** before **you** can **claim** for that benefit. No benefit is payable for any **treatment** costs incurred during the **waiting period**.

Wherever the term *Full cover* appears in the **table of benefits**, this means a full refund of **reasonable and customary** charges,

less any **excess** or **co-insurance** applicable to **your plan**, and subject to any limits that are specified anywhere else in the **table of benefits** for the type of **treatment** or care **you** receive.

Where there is a lifetime benefit limit, this is the maximum amount **we** will pay in respect of that particular benefit during **your** lifetime.

Certain benefits in the **table of benefits** are optional. You are only eligible for these benefits if you have selected them and they are stated on your certificate of insurance.

There are certain benefits in the **table of benefits** for which you must obtain pre-authorisation. If you do not obtain preauthorisation for these benefits, we will only pay 80% of the reasonable and customary cost of treatment.

If your certificate of insurance indicates that you have cover for treatment in a semi-private room or general ward, and you receive treatment in a higher tier room, then the cover we provide for all of your treatment and accommodation costs will be subject to a co-insurance. This means you will need to contribute towards your treatment and accommodation costs. If your certificate of insurance indicates that you do not have full cover for treatment in a private room, in a restricted hospital in Hong Kong and you receive treatment in a private room in a restricted hospital in Hong Kong then the cover we provide for all of your treatment and accommodation costs will be subject to a co-insurance.

If your certificate of insurance indicates that you have cover for treatment in a semi-private room or in a general ward, and also that you do not have cover for full treatment in a private room in a restricted hospital in Hong Kong, and you receive treatment in a higher tier room than you are entitled to, in a restricted hospital in Hong Kong, both co-insurances will apply to your claim.

For more detail please refer to the *If you need to make a claim receiving treatment in a higher tier room or restricted hospital* section of this **agreement**.

The **table of benefits** should be read in conjunction with the *What you're not covered for* section of this **agreement**.

		o cover 🕂 🕂 Optional cover
Bronze	Silver	Gold
IS\$1,500,000 or £1,000,000 r €1,125,000	US\$2,500,000 or £1,666,000 or €1,875,000	US\$5,000,000 or £3,333,000 or €3,750,000
General ward	< General ward	Seneral ward
Semi-Private hospital room	🕂 Semi-Private hospital room	🕂 Semi-Private hospital room
20% <b>co-insurance</b> applies to <b>treatment</b> in a <b>restricted</b>	<ul> <li>Private hospital room -</li> <li>20% co-insurance applies to treatment in a restricted</li> </ul>	Private hospital room - 20% co-insurance applies to treatment in a restricted
1 0 0		<ul> <li>hospital in Hong Kong</li> <li>Private hospital room</li> </ul>
	\$\$1,500,000 or £1,000,000 €1,125,000 General ward Semi-Private hospital room Private hospital room - 20% <b>co-insurance</b> applies	<ul> <li>S\$1,500,000 or £1,000,000</li> <li>€1,125,000</li> <li>General ward</li> <li>Semi-Private hospital room</li> <li>Private hospital room - 20% co-insurance applies to treatment in a restricted hospital in Hong Kong</li> <li>US\$2,500,000 or £1,666,000 or €1,875,000</li> <li>General ward</li> <li>General ward</li> <li>Semi-Private hospital room - 20% co-insurance applies to treatment in a restricted hospital in Hong Kong</li> </ul>

#### Full cover within annual benefit limit Optional cover Kev Partial or limited cover No cover Silver Gold Bronze Hospital costs (continued) Important notes: • You must obtain pre-authorisation for all benefits in this section. Hospital treatment Full cover Full cover Full cover Treatment you receive while you are an inpatient or daypatient, including surgeons' and anaesthetists' and doctors' fees, nursing care, drugs and surgical dressings, operating theatre charges and intensive care, pathology, X-rays, scans, diagnostic tests and physiotherapy. We will also pay for pre-admission tests that you undergo on an outpatient basis for hospital treatment you are scheduled to receive that is covered by your plan. We will also pay for inpatient, or daypatient surgical removal of impacted, buried or unerupted wisdom teeth. This is subject to a 12-month waiting period and covered only when the surgery is performed by a doctor (not a dentist) in a hospital (not a dental surgery) and under general anaesthetic. Parent accommodation Full cover Full cover ✓ Full cover The cost of one parent staying in hospital with a child under 18 years of age while the child is receiving eligible treatment covered by their plan. Local ambulance Full cover Full cover Full cover The cost of a local road or air ambulance if you need medically necessary hospital treatment covered by your plan. Transport must be to the nearest available and appropriate hospital and an air ambulance is only covered if there is no viable alternative. Hospital cash benefit ✓ US\$150 or £100 or €113 US\$200 or £132 or €150 ✓ US\$350 or £231 or €263 Payable for each night spent in a hospital when you receive treatment eligible for cover by your plan for which per night per night per night no charge is made by the hospital to us. Benefit is paid for up to a maximum of 60 nights per policy year. If you have an excess, we will not apply it to this benefit. Acute flare-ups of chronic conditions Full cover Full cover Inpatient, daypatient, and post-hospital treatment Short-term treatment to treat acute flare-ups of a chronic condition covered by your plan. received within the 90-day period following the date **vou** are discharged from hospital **Cancer treatment** Important notes: • You must obtain pre-authorisation for all benefits in this section. **Cancer treatment** Full cover Full cover Full cover Cancer treatment, including chemotherapy, radiotherapy, immunotherapy, consultations, tests, scans, and drugs. We will also pay for restorative dental treatment following chemotherapy or radiotherapy. **Cancer genome tests** 🕗 Up to US\$6,000 or £4,000 or 🕗 Up to US\$6,000 or £4,000 or 🤣 Up to US\$6,000 or £4,000 or The cost of tests to sequence the genes of cancer cells. €4,500 per policy year €4,500 per policy year €4,500 per policy year

Key <	Full cover with	nin annual benefit limit 🛛 🕗 F	Partial or limited cover 🛛 🕺 No	o cover 🕒 Optional cover
		Bronze	Silver	Gold
Cancer treatment (continued) Important notes: • You must obtain pre-authorisation for all benefits in this section.				
<ul> <li>Cash benefit upon diagnosis of cancer (6-month waiting period)</li> <li>Payable if you are diagnosed with cancer. By 'cancer' we mean the presence of tumours that that are malignant, due to characteristics which can be shown microscopically. These cells of spread to other parts of the body uncontrollably- cancers such as breast cancer, lung cancer and cancers of the blood (also known as leukaemia).</li> <li>The following are not covered: <ul> <li>non-melanoma skin cancer unless it has spread to lymph nodes or organs</li> <li>prostate cancer unless it has spread to other glands or organs</li> </ul> </li> <li>This benefit will not be paid if you were first diagnosed with any cancer before you were covered plan for a period of six consecutive months.</li> </ul>	can multiply and r, bowel cancer,	No cover	No cover	✓ US\$5,000 or £3,330 or €3,750 with a lifetime limit of one claim per member
Wigs Help towards the cost of a wig following chemotherapy, covered by <b>your plan</b> .		✓ Lifetime limit of US\$150 or £100 or €113	∠ifetime limit of US\$150 or £100 or €113	✓ Lifetime limit of US\$250 or £165 or €188
<b>Counselling</b> Consultations with a registered psychologist/counsellor when <b>you</b> have received cancer <b>tree</b> by <b>your plan</b> , up to a lifetime limit of 10 consultations.	atment covered	✓ Lifetime limit of US\$500 or £330 or €375	∠ifetime limit of US\$500 or £330 or €375	✓ Lifetime limit of US\$750 or £500 or €563
Drugs prescribed by a <b>doctor</b> for outpatient mental health treatment are covered under this	benefit.			
<b>Dietitian</b> Consultation with a registered dietitian when <b>you</b> have received cancer <b>treatment</b> covered b to a lifetime limit of 2 consultations.	by <b>your plan</b> , up	✓ Lifetime limit of US\$100 or £67 or €75	✓ Lifetime limit of US\$100 or £67 or €75	✓ Lifetime limit of US\$250 or £165 or €188
<ul> <li>Organ, bone marrow or tissue transplants</li> <li>Important notes:</li> <li>You must obtain pre-authorisation for all benefits in this section.</li> <li>We only cover transplants carried out in internationally accredited institutions by accredite</li> <li>We do not cover any costs associated with the acquisition of the organ.</li> </ul>	ed surgeons and w	here the organ procurement is in acc	cordance with WHO (World Health Or	ganisation) guidelines.
<b>Transplant and related treatment</b> Costs incurred while hospitalised, including anti-rejection drugs, and all related <b>outpatient trea</b> prior to and after the transplant.	atment required	SFull cover	✓ Full cover	SFull cover
<b>Donor costs</b> Medical costs associated with the donor as an <b>inpatient</b> or <b>daypatient</b> .		✓ Up to US\$25,000 or £16,600 or €18,750 per transplant	✓ Up to US\$25,000 or £16,600 or €18,750 per transplant	✓ Up to US\$25,000 or £16,600 or €18,750 per transplant

#### Full cover within annual benefit limit Optional cover Kev Partial or limited cover 🛛 No cover Gold Silver Bronze **Kidney dialysis** Important notes: • You must obtain pre-authorisation for all benefits in this section. Full cover Full cover Second Full cover Treatment for kidney dialysis while you are an inpatient, daypatient or outpatient. **Reconstructive surgery** Important notes: • You must obtain pre-authorisation for all benefits in this section. Inpatient, daypatient and Full cover Full cover A maximum of two surgeries per lifetime to restore your appearance after an accident or after surgery for cancer, provided the original treatment for the accident or cancer was paid for by us, and provided the post-hospital treatment reconstructive surgery takes place within two years of the accident or the original cancer surgery. received within the 90-day period following the date you are discharged from hospital **Congenital conditions or hereditary conditions** Important notes: • You must obtain pre-authorisation for all benefits in this section. Treatment for a congenital condition or hereditary condition (whether diagnosed as a chronic condition or Inpatient, daypatient and Lifetime limit of US\$40,000 Lifetime limit of US\$80,000 not) and treatment for any related condition. post-hospital treatment or £26,600 or €30,000 or £53,300 or €60,000 received within the 90-day This benefit does not extend to mental health treatment, complementary medicine or traditional Chinese medicine. period following the date There is no cover for congenital conditions or hereditary conditions if, prior to your date of entry, you you are discharged from have had any abnormal signs, symptoms or test results related to the congenital condition or hereditary hospital, up to a lifetime condition (whether or not a specific diagnosis has been made). limit of US\$20,000 or The lifetime limit shown applies irrespective of the number of congenital conditions and hereditary conditions. £13,300 or €15,000 Newborn babies may be eligible for this benefit once the congenital conditions or hereditary conditions limits have been exhausted under the maternity costs section of the table of benefits. **HIV/AIDS treatment** Important notes: You must obtain pre-authorisation for all benefits in this section. Up to US\$75,000 or Up to US\$100,000 or Inpatient and daypatient (24-month waiting period) treatment only, up to £50,000 or €56,250 per £66,600 or €75,000 per Treatment arising from or related to Human Immunodeficiency Virus (HIV) and/or HIV-related illnesses, US\$5,000 or £3,300 or policy year policy year including Acquired Immune Deficiency Syndrome (AIDS) or AIDS-related complex (ARC) for a maximum €3,750 per policy year period of 5 years. We do not provide cover if the virus was contracted before **vour date of entry**.

Key Sull cover with	nin annual benefit limit 🛛 🕗 Pa	artial or limited cover 🛛 😣 No	o cover 🕂 Optional cover
	Bronze	Silver	Gold
Mental health treatment         Important notes:         You must obtain pre-authorisation for all benefits in this section.         All treatment must be administered under the direct control of a registered psychiatrist, psychologist or courties.         We do not cover investigations or treatment related to phobias, hypnotherapy, postnatal depression or many		no-geriatric conditions including Alzh	eimer's disease or dementia.
Lifetime mental health treatment limit The overall maximum limit to the amount that you can claim for all benefits in the <i>mental health treatment</i> section that are covered by your plan during your lifetime.	US\$50,000 or £33,300 or €37,500	US\$75,000 or £50,000 or €56,250	US\$100,000 or £66,600 or €75,000
Inpatient and daypatient mental health treatment (12-month waiting period) Inpatient and daypatient treatment received in a recognised mental health unit of a hospital.	Up to 30 days per policy year	Up to 30 days per policy year	Up to 30 days per policy year
Outpatient mental health treatment (12-month waiting period) Specialist mental health consultations with a registered psychiatrist or psychologist or mental health consultations with a registered counsellor when you have been referred by a doctor. We do not pay for drugs prescribed for outpatient mental health treatment. Your cover under this benefit is subject to the lifetime mental health treatment limit.	Up to 10 consultations per policy year for post- hospital treatment received within the 90-day period following the date you are discharged from hospital	Up to 10 consultations per policy year	Up to 10 consultations per policy year
Medical appliances			
<b>Medical aids</b> Supplying, fitting or hiring instruments, apparatuses or devices which are medically prescribed as a medical aid to <b>you</b> (for example crutches, wheelchairs, orthopaedic supports/braces, orthotics, stoma supplies, compression stockings) when it immediately follows <b>inpatient</b> , <b>daypatient</b> or emergency ward <b>treatment</b> covered by <b>your plan</b> .	✓ Up to US\$250 or £160 or €188 per medical condition per policy year	✓ Up to US\$500 or £330 or €375 per medical condition per policy year	✓ Up to US\$1,000 or £660 or €750 per medical condition per policy year
We do not cover medical aids that form part of the care of a <b>chronic condition</b> . We do not cover unprescribed medical aids such as gym equipment, even if <b>you</b> have been advised to use such an aid.			
<b>Prosthetic implants</b> Surgically-implanted, artificial body parts necessary to replace a joint or ligament, a heart valve, the aorta or an arterial blood vessel, a sphincter muscle, the lens or cornea of the eye, or to control urinary incontinence, or to act as a heart pacemaker, or to remove excess fluid from the brain.	✓ Full cover	✓ Full cover	✓ Full cover
As part of this benefit, <b>we</b> will also pay for a knee brace if it is an essential part of a surgical operation for the repair to a knee ligament, and for a spinal support if it is an essential part of a surgical operation to the spine.			
<b>Prosthetic devices</b> External prosthetic body parts, such as prosthetic limbs, fitted after the healing of an amputation covered by <b>your plan</b> .	✓ Up to US\$500 or £330 or €375 per device	✓ Up to US\$1,000 or £660 or €750 per device	✓ Up to US\$1,500 or £1,000 or €1,125 per device

#### Key

Sull cover within annual benefit limit

Partial or limited cover

Optional cover

No cover

	Bronze	Silver	Gold
<ul> <li>Outpatient treatment</li> <li>Important notes:</li> <li>You must obtain pre-authorisation for certain benefits in this section.</li> <li>Certain benefits in this section are subject to the annual limit for outpatient treatment.</li> </ul>			
Annual limit for outpatient treatment The overall maximum limit to the amount you can claim for certain treatments you receive as an outpatient during any one policy year.	Full cover up to your annual plan limit	US\$20,000 or £13,300 or €15,000	US\$30,000 or £20,000 or €22,500
<ul> <li>Primary medical care</li> <li>Consultations with a GP, doctor, or specialist. Consultations can be in-person or via technology (e.g., video or phone call). We do not cover home visits.</li> <li>We will also pay for the following primary medical care costs: <ul> <li>Prescription drugs and other pharmacy costs (must be prescribed by a GP, doctor, or specialist)</li> <li>Pathology</li> <li>Scans</li> <li>Radiology</li> </ul> </li> <li>Imaging tests</li> <li>We cover COVID-19 PCR and Antigen testing when you have symptoms such as cough or fever or have been in close contact with someone who has tested positive for COVID-19. Tests must be prescribed by a doctor and undertaken under medical supervision in a recognised medical facility. We don't cover home testing kits.</li> </ul>	Post-hospital treatment received within the 90-day period following the date you are discharged from hospital (subject to a 15% co-insurance)	25 consultations, subject to the annual limit for outpatient treatment and a 15% co-insurance	30 consultations, subject to the annual limit for outpatient treatment
Emergency ward treatment Emergency treatment that you have received at a hospital.	Essential and immediate treatment necessary as the result of an accident, plus one follow-up appointment with a doctor	✓ Full cover	Second Se
Outpatient surgical procedures Surgical procedures where it is not medically necessary for you to be admitted to hospital as an inpatient or daypatient.	✓ Full cover	✓ Full cover	Sull cover
Advanced diagnostic tests MRI and CAT (CT) scans performed on the advice of a doctor and PET scans performed on the advice of a specialist. Your medical referral letter will be required. We will pay for one consultation only to obtain the results of the diagnostic test. You must obtain pre-authorisation for all advanced diagnostic tests.	✓ Full cover	Up to the annual limit for outpatient treatment	Up to the annual limit for outpatient treatment

Key 🗸 Full cov	er within annual benefit limit 🛛 🔗 F	Partial or limited cover 🛛 😣 N	o cover 🕒 Optional cover
	Bronze	Silver	Gold
<ul> <li>Outpatient treatment (continued)</li> <li>Important notes:</li> <li>You must obtain pre-authorisation for certain benefits in this section.</li> <li>Certain benefits in this section are subject to the annual limit for outpatient treatment.</li> </ul>			
Complementary treatments Treatment by a chiropractor, osteopath, chiropodist, podiatrist, homeopath or acupuncturist on the adv a doctor. Your medical referral letter will be required for any treatment by a chiropractor, osteopath, chiropodist or podiatrist. If your condition is (or becomes) a chronic condition and ongoing treatment is aimed at maintaining it rather than curing it, no further payments will be made. Cover is limited to the maximum no of sessions shown per policy year in respect of all treatment types. Treatment must be performed by a medical practitioner. Medication provided by complementary therapists is not covered under this benefit	hospital treatment received within the 90-day period following the date <b>you</b> are discharged from <b>hospital</b>	Up to 10 sessions per policy year, subject to the annual limit for outpatient treatment	Up to 15 sessions per policy year, subject to the annual limit for outpatient treatment
<b>Traditional Chinese medicine</b> Cover is limited to the maximum number of <b>sessions</b> shown per <b>policy year</b> . <b>Treatment</b> must be perform by a <b>medical practitioner</b> .	No cover med	✓ Up to US\$50 or £33 or €38 per session, up to a maximum of 15 sessions, subject to the annual limit for outpatient treatment	✓ Up to US\$50 or £33 or €38 per session, up to a maximum of 20 sessions, subject to the annual limit for outpatient treatment
<ul> <li>Physiotherapy</li> <li>Medically necessary physiotherapy when you have been referred on the advice of your doctor to a physiotherapist who is registered to practice physiotherapy in the country where the treatment is administered. You must send us your medical referral letter in support of your claim.</li> <li>After your first 6 sessions of physiotherapy, if you need more sessions you must contact us for pre-authorisation. We will write to your doctor for a medical report in order to assess your claim further. Aft your first 6 sessions, we will not pay for any physiotherapy that we have not pre-authorised.</li> <li>If your condition is (or becomes) a chronic condition and ongoing treatment is aimed at maintaining rethan curing it, no further payments will be made.</li> </ul>	of cover	Up to the annual limit for outpatient treatment	Up to the annual limit for outpatient treatment
<b>Hormone replacement therapy</b> When prescribed by a <b>doctor</b> following <b>your</b> diagnosis with premature ovarian failure (i.e., loss of ovarian function before the age of 40).	No cover	Maximum period of 12 months from the date of diagnosis	Maximum period of 18 months from the date of diagnosis
Monitoring and maintenance of chronic conditions Regular consultations, tests, and prescribed medication required to monitor and maintain the stability of a chronic condition.	No cover	Up to the annual limit for outpatient treatment (subject to a 15% co- insurance)	Up to the annual limit for outpatient treatment

Key 🗸 Full cover wit	thin annual benefit limit 🛛 🕗	Partial or limited cover 🛛 😢 N	o cover 🕂 Optional cover
	Bronze	Silver	Gold
Rehabilitation treatment         Important notes:         • You must obtain pre-authorisation for all benefits in this section.			
Rehabilitation treatment you receive when carried out under the control and supervision of a specialist in a recognised rehabilitation hospital or unit, and only when it immediately follows inpatient treatment for illnes or injury covered by your plan.	Vp to 7 days per medical s condition	Up to 15 days per medical condition	Up to 30 days per medical condition
<b>Rehabilitation treatment</b> in the form of a therapy or a combination of therapies (e.g., physical therapy, occupational therapy, speech therapy) after an acute event like a stroke.			
This benefit is payable only on the written recommendation of <b>your</b> treating <b>specialist</b> and when <b>treatment</b> begins within 30 days of <b>your</b> discharge from <b>hospital</b> .			
Well-being benefits			
<ul> <li>Preventive health and well-being (6-month waiting period)</li> <li>Preventive health checks and tests for adults, as follows: <ul> <li>Blood tests (cholesterol, liver function, kidney function, high blood pressure, anaemia, diabetes testing/screening)</li> <li>Lung function test</li> <li>Cardiac risk testing</li> <li>Neurological examination (physical examination)</li> <li>Hearing test</li> <li>Eye examination (limited to one test per policy year)</li> </ul> </li> <li>Cancer screening for adults, as follows: <ul> <li>Annual Papanicolaou test (PAP/smear test)</li> <li>Mammogram (one every two years for members aged 45+)</li> <li>Annual prostate cancer test (only for members aged 45+)</li> <li>Colonoscopy (one every five years for members aged 50+)</li> </ul> </li> </ul>	No cover	✓ Up to US\$300 or £200 or €225 per policy year	✓ Up to US\$750 or £500 or €563 per policy year
<ul> <li>Vaccinations for adults</li> <li>Vaccinations for adults as follows:</li> <li>Immunisation and booster injections required under regulation of the country in which treatment is being given</li> <li>Medically necessary travel vaccinations</li> <li>Malaria prophylaxis</li> <li>Flu jabs</li> <li>Approved COVID-19 vaccinations (where not available free of charge in your country of residence)</li> </ul>	No cover	✓ Up to US\$150 or £100 or €113 per policy year	✓ Up to US\$250 or £167 or €188 per policy year
Well-child benefit (12-month waiting period) Immunisations and booster injections that form part of government-recommended programmes within the child's country of residence and routine developmental check-ups (including vision and hearing).	No cover	✓ Up to US\$200 or £133 or €150 per policy year	✓ Up to US\$400 or £260 or €300 per policy year

#### Key

Sull cover within annual benefit limit

Partial or limited cover

Optional cover

No cover

	Bronze	Silver	Gold
Lifetime care Important notes: • You must obtain pre-authorisation for all benefits in this section.			
Lifetime limit for all lifetime care The overall maximum limit to the amount that you can claim for all benefits in the <i>lifetime care</i> section that are covered by your plan during your lifetime.	US\$25,000 or £16,600 or €18,750	US\$50,000 or £33,300 or €37,500	US\$100,000 or £66,600 or €75,000
Hospice and palliative care On diagnosis of a terminal medical condition covered by your plan, all costs for treatment received on the advice of a medical practitioner or specialist for the purpose of offering relief of symptoms. This includes all hospital or hospice accommodation, and nursing care by a qualified nurse.	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care
Artificial life maintenance Treatment you require after you have already been on artificial life maintenance for 8 weeks.	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care
Persistent vegetative state and neurological damage Treatment you require after you have been in hospital for 8 weeks for permanent neurological damage or if you are in a persistent vegetative state.	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care
Home nursing costs Important notes: • You must obtain pre-authorisation for all benefits in this section.			
The medical services of a <b>qualified nurse</b> to treat <b>you</b> in <b>your</b> own home when it is <b>medically necessary</b> and relates directly to an illness or injury covered by <b>your plan</b> .	✓ Up to US\$5,000 or £3,330 or €3,750 per medical condition per policy year	✓ Up to US\$10,000 or £6,660 or €7,500 per medical condition per policy year	✓ Up to US\$15,000 or £10,000 or €11,250 per medical condition per policy year

Кеу	V Full cover wit	hin annual benefit limit	Partial or limited cover	🗵 No cover 🕒 Optional cover
		Bronze	Silver	Gold
<ul> <li>Dental costs</li> <li>Important notes:</li> <li>You are eligible for certain benefits in this section only if you have selected them</li> <li>All dental treatment must be carried out by a dentist in a hospital emergency root</li> <li>Treatment for damaged crowns, dentures, bridge work or false teeth is only covert</li> <li>We do not cover orthodontic or periodontic consultations or treatment of any kind</li> </ul>	om or dental surgery. red under the Dental Plus I			
Emergency restorative treatment you receive as an inpatient Inpatient treatment required to restore sound and natural teeth following an accide provided that treatment is received within 15 days of the accident.	ent covered by your plan,	SFull cover	Second Full cover	Full cover
Emergency restorative treatment you receive as an outpatient Outpatient treatment required to treat or replace sound and natural teeth which are lo an accident, provided that treatment is received within 72 hours of the accident.	ost or damaged following	🙁 No cover	✓ Up to US\$500 or £3: €375 per policy year	
<ul> <li>Dental Basic (6-month waiting period)</li> <li>We will pay for the following basic dental costs: <ul> <li>screening (e.g., the checking for and/or the assessment of any diseased, missing an X-rays where necessary) twice per year</li> <li>scaling and polishing and sealing (twice per year)</li> <li>fillings (both composite and amalgam)</li> <li>simple extractions</li> <li>root canal treatment</li> </ul> </li> <li>The Dental Basic benefit is optional on the Silver plan. It is included as standard on the silver plan. It is included as standard on the silver plan.</li> </ul>		No cover	Up to US\$1,000 or £0 or €750 per policy yes subject to a 20% co-insurance (if you har selected the Dental I option)	ear, or €1,125 per policy year ve
Dental Plus (10-month waiting period) We will pay for the following advanced dental costs: • denture repair • full/partial dentures • dental bridges • crowns, inlays, and onlays • dental implants This benefit is optional on the Silver and Gold plans. Silver policyholders wishing to also select the Dental Basic option		No cover	Up to US\$1,500 or £ or €1,125 per policy y subject to a 20% co- insurance (if you has selected the Dental I option)	year, or €1,500 per policy year, subject to a 20% co- ve insurance (if you have

Кеу	Sull cover with	in annual benefit limit 🛛 🕗 P	artial or limited cover 🛛 🗴 N	o cover 🕒 Optional cover
		Bronze	Silver	Gold
<ul> <li>Maternity costs</li> <li>Important notes:</li> <li>Dependant children included in your plan are not eligible for these benefits.</li> <li>We do not cover the treatment of any newborn child born following assisted reproduct</li> <li>Any charges incurred during normal childbirth (including a planned caesarean section)</li> <li>We do not cover pregnancy testing, or pre-natal classes and doulas.</li> <li>We do not cover termination of pregnancy or any treatment or investigations that arise a</li> <li>We do not cover breast pumps.</li> </ul>	) will be paid from the	e routine maternity care and childbirt	h benefit.	
<ul> <li>Routine maternity care and routine care of newborns (12-month waiting per We will pay for the following routine maternity costs:</li> <li>pre-natal tests and examinations</li> <li>post-natal treatments and examinations</li> <li>natural childbirth</li> <li>childbirth by planned caesarean section</li> <li>any hospital accommodation costs for the newborn baby</li> <li>basic newborn healthcare (physical examination, vitamin K, hepatitis B vaccine, BCG vartest, blood tests for PKU, congenital hypothyroidism and G6PD, prior to discharge from the home birth, where a midwife is present</li> <li>supplements and vitamins as recommended by a doctor</li> <li>The limits shown for this benefit apply to each pregnancy, regardless of the number of child hospital or birthing center accommodation costs will be limited to the cost of a standard home set.</li> </ul>	ccine, one hearing the <b>hospital</b> ) Iren born. Any	No cover	No cover	✓ Up to US\$15,000 or £10,000 or €11,250 per pregnancy
Complications of pregnancy (12-month waiting period) Inpatient or daypatient treatment necessary as a direct result of a complication of pregn We do not provide cover for childbirth under this benefit. We do not provide cover under this benefit arising from a pregnancy established through as (e.g., IVF) until after the standard 12-week scan, irrespective of how long you have been co	ssisted reproduction	✓ Up to US\$4,800 or £3,200 or €3,600 per policy year	✓ Up to US\$15,000 or £10,000 or €11,250 per policy year	Second Cover
<b>Childbirth necessitating an emergency surgical procedure (12-month wait</b> Surgeons,' anaesthetists' and theatre fees for childbirth that necessitates an emergency su and any additional accommodation charges incurred as the result of the surgical procedur childbirth by <b>emergency caesarean section</b> .	irgical procedure	🛞 No cover	⊗ No cover	Sever Full cover
<ul> <li>Treatment for congenital conditions or hereditary conditions for newborn</li> <li>Treatment that your newborn receives for a congenital condition or hereditary condition diagnosed as a chronic condition or not) and treatment for any related condition.</li> <li>This benefit is subject to the following conditions:</li> <li>Your newborn must be added to your plan within 30-days of birth and premiums paid</li> <li>Your newborn baby must have the same plan as you</li> <li>Either parent must have been insured on a Silver or Gold plan for a minimum of 12 mont</li> <li>The limits shown apply to each pregnancy, regardless of the number of children born.</li> </ul>	n (whether	S No cover	Inpatient or daypatient treatment received within the 90-day period following birth, up to US\$10,000 or £6,600 or €7,500 per pregnancy	Inpatient or daypatient treatment received within the 90-day period following birth, up to US\$100,000 or £66,600 or €75,000 per pregnancy

#### 

Key

Sull cover within annual benefit limit

Partial or limited cover

Optional cover

No cover

	Bronze	Silver	Gold
<ul> <li>Expat benefits</li> <li>Important notes:</li> <li>You are eligible for certain benefits in this section only if you have selected them and they are stated on you</li> <li>You must obtain pre-authorisation for all benefits in this section.</li> </ul>	ur certificate of insurance.		
<b>24-hour medical assistance helpline</b> f <b>you</b> have a medical emergency which requires immediate medical assistance, <b>you</b> must contact <b>our</b> 24-hour helpline (provided by the Charles Taylor Group) at +44 (0) 1243 621155 or <u>william.russell@</u> cegagroup.com.	Sull cover	✓ Full cover	Full cover
Medevac Basic If you have a life-threatening or limb-threatening condition covered by your plan which requires immediate inpatient treatment that cannot be adequately provided locally, the Assistance Service will arrange for you to be moved by air and/or by surface transportation, to the nearest hospital within your coverage zone where appropriate medical treatment is available.	✓ Full cover	Full cover	Full cover
<i>Ne</i> do not cover any other costs under this benefit such as hotel accommodation charges. <i>We</i> do not cover emergency evacuation to, from or within the United States of America. The <b>Assistance Service</b> retains the absolute ight to decide whether <b>your</b> medical condition is eligible for evacuation, where <b>you</b> are evacuated to and the neans and method of the evacuation.			
<b>Return airfare</b> Following an emergency evacuation covered by <b>your plan, we</b> will pay for <b>your</b> economy return airfare to <b>your country of residence</b> .	✓ Full cover	Full cover	Full cover
<b>Travel expenses of a companion</b> The transportation costs of another person to accompany <b>you</b> on <b>your</b> emergency evacuation, and their economy-class ticket back. If it is not possible for them to accompany <b>you</b> on <b>your</b> medical evacuation because of the method of evacuation, <b>we</b> will pay either for their economy-class round-trip airfare on a scheduled flight, or their suitable round-trip surface transportation, whichever is the most appropriate.	Sull cover	✓ Full cover	✓ Full cover
Accommodation expenses of a companion f your companion is then staying with you while you are hospitalised following your emergency evacuation, we will pay towards the costs of their hotel accommodation (limited to a maximum of 15 nights per policy year).	✓ Up to US\$72 or £48 or €54 per night	✓ Up to US\$96 or £64 or €72 per night	✓ Up to US\$250 or £167 or €188 per night
Compassionate home visit (12-month waiting period) f a close family member dies during your policy year and after you have been insured by your plan for a continuous period of 12 months, we will pay for your economy-class round-trip airfare to attend the funeral. Your travel must take place within 28 days of the date of death.	Lifetime limit of one claim per member	Lifetime limit of one claim per member	Lifetime limit of one claim per member
Repatriation of mortal remains f you die as the result of a condition that is covered by your plan while you are outside your country of nationality, we will pay for your body or ashes to be transported to your country of nationality or country of esidence. This benefit is not available if a claim is made for the burial or cremation benefit at the place where you died.	Second Se	Second Se	Second Se

Key Sull cover with	in annual benefit limit 🛛 🔗 F	Partial or limited cover 🛛 😢 N	o cover 🕒 Optional cover
	Bronze	Silver	Gold
<ul> <li>Expat benefits</li> <li>Important notes:</li> <li>You are eligible for certain benefits in this section only if you have selected them and they are stated on yo</li> <li>You must obtain pre-authorisation for all benefits in this section.</li> </ul>	ur certificate of insurance.		
Burial or cremation If you die as the result of a condition that is covered by your plan while you are outside your country of nationality, we will pay for you to be buried or cremated at the place where you died.	✓ Up to US\$1,600 or £1,060 or €1,200	✓ Up to US\$1,600 or £1,060 or €1,200	✓ Up to US\$1,600 or £1,060 or €1,200
This benefit is not available if a <b>claim</b> is made under the repatriation of mortal remains benefit. <b>We</b> do not provide cover under this benefit if <b>you</b> die in <b>your country of nationality</b> . <b>We</b> do not provide cover under this benefit for the costs of a religious practitioner.			
<b>Medevac Plus</b> The following benefits apply in addition to those under the Medevac Basic benefit.	➔ Full cover (if you have selected the Medevac Plus option)	Full cover (if you have selected the Medevac Plus option)	Full cover (if you have selected the Medevac Plus option)
Evacuation if <b>you</b> need <b>advanced diagnostics</b> or cancer <b>treatment</b> such as radiotherapy or chemotherapy that cannot be adequately provided locally. All eligible evacuations will include repatriation to <b>your country of nationality</b> if it is within <b>your coverage zone</b> , or to <b>your country of residence</b> . <b>We</b> do not cover emergency evacuation or repatriation to, from or within the United States of America.			
If you request repatriation to your country of nationality or to your country of residence, it may, in some cases, not be appropriate immediately due to your medical condition. In such cases, we will first evacuate you to the nearest place within your coverage zone where appropriate treatment is available. Once you have been stabilised, we will then repatriate you to your country of nationality if it is within your coverage zone, or your country of residence.			
If you are evacuated to a country which is not your country of residence and not your country of nationality, and you do not have anyone to accompany you, we will pay the economy-class round-trip airfare to have one companion flown from anywhere in the world to be with you while you receive your treatment. We will also pay up to US\$150 per day (for a maximum of 30 days per policy year) towards their hotel accommodation expenses whilst you have your treatment, or until the date on which you return to your country of nationality or your country of residence (whichever is the sooner).			

The Medevac Plus benefit is optional on all plans.

# What you're not covered for

The following are not covered by **your plan**, as well as any specific exclusions stated on **your certificate of insurance**, and other exclusions stated within the **table of benefits**. Other benefits, as stated within the **table of benefits**, may also be restricted or excluded depending on **your plan**.

All conditions, tests, **treatments** or increased **treatment** costs **you** incur because of complications that occur directly or indirectly as a consequence of **treatment** of any excluded condition will also not be covered.

We will also not pay for the fees and charges listed below. You will be responsible for them.

- fees for the completion or providing of claim forms or any other medical reports or forms such as medical referral letters, even if we have requested them
- · bank charges incurred as a result of us transferring money
- · losses you may incur due to fluctuations in exchange rates
- charges incurred as the result of payment errors that arise as the result of you having provided us with incorrect information
- administration, registration, or cancellation fees charged by hospitals, doctors, or other providers of medical services
- any charges made by your bank or credit card company

### Accidents or injuries resulting from your failure to adhere to local motoring laws

You are not covered for accidents or injuries arising from:

- travelling in, or on, a motorised vehicle as a driver or passenger, if the driver does not have a valid license and insurance, as required by the law of the country where the accident or injury occurred
- failure to wear the relevant safety equipment, (including, but not limited to helmets and seatbelts) as required by the law of the country where the accident or injury occurred

### Addictive conditions or disorders, and alcohol, drug, and solvent abuse

You are not covered for treatment related to:

- addictions (such as alcohol or drug addiction) or substance abuse (such as alcohol, drug or solvent abuse)
- any illness or injury caused directly or indirectly as a result of any such abuse or addiction
- any illness or injury caused directly or indirectly as a result of being under the influence of any substance (such as alcohol, drugs or solvents)

### Allergy testing and/or desensitisation

You are not covered for treatment related to:

- allergy testing by hair analysis
- · allergy desensitisation or food neutralising injections

We will only pay for patch testing if **you** have been referred by a **doctor** and this is limited to one patch testing

investigation over the lifetime of **your plan**. **Your medical referral letter** will be required.

#### Alternative treatment and therapies

You are not covered for alternative **treatments** and therapies, including, but not limited to, aqua physiotherapy, bone-setting, colonic irrigation, hydrotherapy, Intervertebral Differential Dynamics (IDD), kinesiology, naturotherapy, Ayurveda and massage therapy.

#### Artificial life maintenance

You are not covered for artificial life maintenance, other than any benefit you are eligible for under the lifetime care benefit.

### Birth control, sexual problems and gender reassignment

You are not covered for treatment directly or indirectly arising from or connected with:

- contraception or sterilisation
- sexual problems (including impotence and decreased libido)
- gender reassignment

#### **Chemical exposure and contamination**

You are not covered for investigations or **treatment** related to any medical conditions arising directly or indirectly from chemical contamination, radioactivity or any nuclear material whatsoever, including the combustion of nuclear fuel.

#### Circumcision

You are not covered for treatment related to circumcision, unless it is required for treatment of an acute medical condition covered by your plan.

### Consultations or investigations when you are not physically present

You are not covered for consultations or investigations where you are not physically present, without prior agreement from us. This includes, for example, interviews by medical practitioners with other medical practitioners or with family members.

### Convalescence, rehabilitation, nursing homes, and health spas or hydros

You are not covered for:

- hospital accommodation if the reason you are hospitalised is for the purpose of convalescence, rehabilitation or supervision
- relaxation or rest treatments, or treatments in nature cure clinics, health spas and health hydros
- private beds registered as nursing homes attached to such establishments or a hospital where the hospital has effectively become your home or permanent abode

Other than treatment **you** are eligible for under the rehabilitation **treatment** benefit.

#### **Cosmetic surgery and treatment**

You are not covered for investigations or treatment related to:

- cosmetic or aesthetic treatment to enhance your appearance, even when medically prescribed
- · the removal of fat or surplus tissue
- · breast enlargement or reduction
- sclerotherapy for spider veins, **treatment** of superficial varicose veins
- Botox, dermal fillers, or **treatment** of vitiligo or any skin pigmentation disorder

other than the **treatment you** are eligible for under the reconstructive surgery benefit.

#### **Criminal activity**

You are not covered for treatment arising from or related to injuries sustained while you are engaged in a criminal, illegal or unlawful act.

#### Dietitian

You are not covered for treatment or advice by a dietitian or nutritionist (unless covered under your plan under the dietitian benefit in the *cancer treatment* section of the table of benefits).

### Drugs prescribed for outpatient mental health treatment

You are not covered for drugs prescribed for **outpatient** mental health **treatment**. However, there may be some cover under the *cancer treatment*, *counselling* section of the **table of benefits**.

#### **Experimental drugs and treatments**

You are not covered for **treatment** or medicine which in **our** reasonable opinion is experimental or unproven based on generally accepted current clinical evidence and generally accepted medical practice.

#### Eyesight

You are not covered for:

- LASIK eye surgery or any other surgical correction of shortsightedness (myopia), long-sightedness (hyperopia) or irregular-shaped cornea (astigmatism)
- any lens other than a standard mono-focal replacement lens as part of an eye operation, such as cataract surgery
- spectacles, and other visual aids, treatment of strabismus (squint) or amblyopia (lazy eye)
- sight tests (unless covered under **your plan** in the *well-being benefits* section of the **table of benefits**)

#### Failure to follow medical advice

You are not covered for:

- treatment arising from or related to your unreasonable failure to seek or follow medical advice and/or prescribed treatment, or your unreasonable delay in seeking or following such medical advice and/or prescribed treatment
- · complications arising from ignoring such advice

#### **Foetal surgery**

You are not covered for surgery undertaken on a child while it is in its mother's womb.

#### Genetic testing or genetic engineering

You are not covered for genetic testing or genetic engineering, other than **treatment you** are eligible for under the cancer genome tests benefit in the *cancer treatment* section of the **table of benefits**.

#### Hearing

You are not covered for:

- treatment for or arising from deafness caused by maturing or ageing
- treatment for or arising from deafness caused by a congenital condition if either the abnormality was diagnosed, or you were showing signs or symptoms of the abnormality, before your date of entry (unless covered under your plan under the treatment for congenital conditions or hereditary conditions for newborn babies benefit in the *maternity costs* section of the table of benefits)
- · hearing aids
- hearing tests (unless covered under your plan in the well-being benefits section of the table of benefits)

#### Infertility, IVF, and assisted reproduction

You are not covered for:

- testing or diagnosis related to infertility
- infertility treatment, assisted reproduction (e.g., IVF treatment), including establishing pregnancy

#### Learning and educational difficulties

You are not covered for learning and educational difficulties, including, but not limited to, dyslexia and speech disorders.

#### Natural changes as a result of ageing

You are not covered for:

- treatment to relieve the symptoms commonly associated with physiological or natural changes as a result of ageing e.g., menopause or puberty
- bone densitometry
- reproductive hormone testing, reproductive hormone therapy or hormone replacement therapy (unless covered under your plan under the hormone replacement therapy benefit in the *outpatient treatment* section of the table of benefits)

#### **Palliative care**

You are not covered for palliative care other than cover available to you for the palliative care of a terminal medical condition in the *lifetime care* section of the table of benefits.

#### Persistent vegetative state and neurological damage

You are not covered for treatment received after:

- · you have been in a vegetative state for a period of eight weeks
- you have sustained permanent neurological damage and remained in hospital for a period of eight weeks

Except for any **treatment you** are eligible for under the lifetime care benefit.

## Physical development, learning difficulties, speech disorders, and behavioural problems

You are not covered for any consultations, tests required to diagnose or exclude a diagnosis, or **treatment** of or related to:

- developmental delays
- learning and education difficulties, including, but not limited to, dyslexia and speech disorders
- behavioural problems, including, but not limited to, attention deficit disorder (ADD), attention deficit hyperactivity disorder (ADHD), autism spectrum disorder (ASD), and Tourette's syndrome
- physical development of any kind
- teething
- bed wetting

### Pre-existing medical conditions or related conditions

You are not covered for treatment related to:

- any pre-existing medical conditions of the following types and any related conditions, if you have ever had them at any time before your date of entry, unless we have agreed otherwise:
  - · brain or nervous system conditions
  - · cancer, tumours or growths
  - · heart or circulatory conditions
  - mental health conditions, drug and alcohol issues or sleep disorders
  - joint replacements; and
- any other pre-existing medical conditions and related conditions that you have had during the five years before your date of entry, unless we have agreed otherwise.

#### **Preventive surgery**

You are not covered for surgery when no physical signs or symptoms are shown, or diagnosis has been made.

### Professional sports and motorised racing as an amateur or a professional

You are not covered for treatment for an illness or injury related to:

- participation in (including training for or practising for) any kind of professional sport or professional racing (by professional, we mean sport where you are being paid to participate and/or you are receiving sponsorship or other benefits as a result of your participation)
- participation in (including training for or practising for) any kind of racing (whether amateur or professional) which involves the use of a motorised vehicle

#### **Repeat prescriptions and longer-term medication**

We will only pay for medication that has been prescribed for you to use during your policy year. If you are prescribed medication that you need to take after your policy year has expired, we will pay for the proportion of the medication you need to take during your policy year.

#### Scalp conditions

You are not covered for:

- treatment specifically related to scalp conditions, including, but not limited to, alopecia
- wigs (unless covered under **your plan** in the *cancer treatment* section of the **table of benefits**)

### Search and/or rescue

You are not covered for:

- search and/or rescue operations, including, but not limited to, mountain rescue or rescue from ski slopes or pistes, underground rescue, or underwater rescue; or
- evacuations from offshore installations such as oil rigs, or from any type of sea going vessel such as a ship, ferry or yacht

#### Second opinions or duplicate tests

You are not covered for second or subsequent opinions from a **doctor**, **medical practitioner** or **specialist** or for duplicate tests for the same condition.

#### **Self-inflicted injuries**

You are not covered for treatment of self-inflicted injuries or treatment of any injury or illness directly or indirectly caused by self-inflicted injuries.

#### Sexually transmitted diseases

You are not covered for treatment related to sexually transmitted diseases including genital/anal warts.

#### **Sleep disorders**

You are not covered for diagnostic tests for or treatment of any sleep related disorder, including, but not limited to, insomnia, snoring and sleep apnoea.

#### **Stem-cell harvesting**

You are not covered for stem cell harvesting other than prior to a stem cell transplant, or any **treatment** undertaken in anticipation of, prior to, or following such harvesting.

#### **Sundry medical supplies**

You are not covered for non-prescribed items such as hot and cold packs and support bandages, unless these are required as a result of **treatment** received during a medical emergency.

#### Temporomandibular joint (TMJ) disorders

You are not covered for treatment of disorders of the Temporomandibular joint (TMJ) including any related condition.

#### **Travel costs**

You are not covered for travel costs including airfares and hotel accommodation (unless covered under your plan in the *expat benefits* section of the **table of benefits**).

#### Treatment by a related party

You are not covered for **treatment** provided by and/or under the control of and/or on referral from:

- any family member, including, but not limited to, a spouse, partner, parent, brother, sister, child, grand-parent, grand-child, uncle or aunt
- any medical services provider, medical practitioner or specialist where the member has a financial interest and/or a professional interest, including, but not limited to, employees, employers, consultants and owners

### Vitamins, dietary supplements, natural substances, and creams

You are not covered for commercially available substances that can be purchased without prescription, including, but not limited to, vitamins, minerals, organic substances, moisturisers, oils, creams, or other pharmaceutical products, other than any **treatment** available to **you** under the routine maternity care and childbirth benefit in the *maternity costs* section of the **table of benefits**.

#### War and terrorism

You are not covered for treatment arising directly or indirectly from war, foreign enemy hostility, terrorism, rebellion, civil war, revolution, military coup, riot, strike, martial law, state of siege or attempted overthrow of a government, unless you are an innocent bystander.

#### Weight-related conditions and eating disorders

You are not covered for investigations or treatment related to:

- · obesity, or which is necessary because of obesity
- weight monitoring or control, such as slimming classes, aids and drugs
- · bariatric surgery, or complications resulting from bariatric surgery
- · eating disorders of any kind, such as anorexia nervosa or bulimia

#### Wilful exposure to needless danger

You are not covered for treatment of any conditions arising directly or indirectly from your gross negligence and/or your wilful exposure to needless danger except in an attempt to save a human life.



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